



Montford Point Marines Honored, Laid to Rest

Marines Corps News 9 February 2024

On the mornings of February 5 and 8, 2024, two Montford Point Marines, BGen Albert Bryant Sr. and PFC. John Henry Chaney, were laid to rest. Bryant was buried at Arlington National Cemetery in Arlington, Virginia, in plot 7-A alongside American legends such as Joe Louis and James Doolittle, while Chaney was buried next to his wife at John Wesley United Methodist Church Cemetery in Clarksburg, Maryland.

Bryant and Chaney were both drafted into the military in 1943, beginning their service at Montford Point in Jacksonville, North Carolina. Both men joined the ranks of the legendary Montford Point Marines, the first Black Americans to earn the title of United States Marine.

Between 1942 and 1949, 19,168 Black Marines trained at Montford Point, with almost 13,000 of those Marines going on to fight in the Pacific Theater during World War II. Companies of Montford Point Marines fought at Saipan, Tinian, Guam, Peleliu, Okinawa, and Iwo Jima. The Montford Point Marines, in their very first battle, were so effective the then-Commandant of the Marine Corps LtGen Alexander Vandegrift stated: "The Negro Marines are no longer on trial. They are Marines, period". Both Bryant and Chaney fought at the harrowing Battle of Iwo Jima and witnessed the raising of the American flag on Mount Suribachi.

"Without (Bryant's) service, I could never have become a General." *BGen Melvin Carter, the deputy chief of Computer Network Operations at the National Security Agency*

After the war, Bryant attended Xavier University in New Orleans, Louisiana, becoming a pharmacist. He continued his military service as an officer in the Army Reserve, rising to the rank of Brigadier General, the highest rank achieved by a Montford Point Marine.

After Chaney's return from the Pacific, he worked as a bricklayer until 1953, when he went to work at the State Highway Administration. Additionally, he started a business: Chaney and Sons Refuse Trash Company, which he ran until he sold the company in 1974. After selling his business and retiring from the State Highway Administration, Chaney spent his time playing basketball, being with his family, and devoting himself to his local church as an usher and choir member.

On June 28, 2012, Chaney, Bryant, and 366 former Montford Point Marines received the Congressional Gold Medal from members of congress and leaders of the Marine Corps.

Chaney and Bryant were laid to rest surrounded by hundreds of their family and friends, as well as active-duty and retired Marines. BGen Melvin Carter, the deputy chief of Computer Network Operations at the National Security Agency, attended Bryant's funeral and credited men like Bryant and Chaney for paving the way for all Black Americans to serve.

"Without (Bryant's) service, I could never have become a General," said Carter.

Bryant is survived by his wife of 75 years, his five children, and his many grandchildren, great-grandchildren, and one great-great-grandchild.

Chaney is survived by his sister, his 12 children, 35 grandchildren, 42 great-grandchildren, and 12 great-great-grandchildren.

"He was so proud of his service," said Mary Chaney, daughter of John Henry Chaney. "He was so glad to have been in that situation because it helped him grow, and it helped him learn how to treat people despite how he was treated."

The Montford Point Marines are honored and remembered for their part in desegregating the Marine Corps, for their courageous service during the Pacific Campaign, and their contributions to the furtherance of equality in all of American society.

SEMPER FIDELIS DISCLAIMER

Some of the information compiled for Semper Fidelis comes from other sources to include experts in their respective fields, i.e. , DFAS, VA, and TRICARE. Content was current at the time this publication went to press. Any delays in mailing may be due to unforeseen circumstances and we apologize for the inconvenience.

NOTE: The newsletter is posted online before it is mailed.

Semper Fidelis accepts unsolicited material for publication for regular columns such as Second Career and Reunions, but reserves the right to reject any unsolicited material deemed inappropriate or illegible for publication.

Semper Fidelis is published quarterly by MMSR-6 to inform retired Marines and their family members on information of interest on their rights, benefits, and privileges. Items in this newsletter do not necessarily reflect the views of the United States Marine Corps or the Department of Defense.



If you, or someone you know needs help, support is available 24/7. Service members and their families can call Military OneSource at 1-800-342-9647, or chat at <https://www.militaryonesource.mil>.

Service members, veterans, and their loved ones can also call the Military and Veterans Crisis Line at 988 and Press 1, chat at <https://www.veteranscrisisline.net>, or text to 838255.

The National Suicide Prevention Lifeline is available to anyone at **988**.

SEMPER FIDELIS NEWSLETTER FOR RETIRED MARINES

Volume 68 No. 2

April - July 2024

ABOUT THIS PUBLICATION

The Semper Fidelis newsletter is published with appropriated funds on a quarterly basis.

Access it online:

<https://www.hqmc.marines.mil/Agencies/Manpower-Reserve-Affairs-MMSR-6/>

INSIDE THIS ISSUE:

- 3) **The Loss of Legend**
- 5) **Evening Parade Schedule**
- 6) **Navy Blue Angels Schedule**
- 7) **VA rule to extend exposure to Agent Orange & other herbicides**
- 8) **Reunions**
- 9) **Retiree Appreciation Days**
- 10) **2024 Pay Schedule**
- 11) **Message from MMSR-4**
- 13) **RSO/RAO Needs You**
- 15) **TAPS**
- 18) **Navy & Marine Retiree Council**
- 19) **Ask the RSO**
- 20) **TRICARE Tips for Managing Diabetes and Your Oral Health**
- 21) **TSA PreCheck for Retirees**
- 22) **Steps to Take When an Annuitant Dies**
- 23) **Steps to Take When a Marine Dies**
- 25) **Update: Distribution Changes for the Semper Field Newsletter**
- 26) **Directory**

Marines Mourn The Loss of Legend and 29th Commandant, General Alfred Gray

27 March 2024



Official Marine Corps Photo

HEADQUARTERS, U.S. MARINE CORPS - General Alfred M. Gray Jr., the 29th Commandant of the Marine Corps, died March 20 at his home in Alexandria, Virginia. He was 95. General Gray was preceded in death by his beloved wife of 39 years, Jan, who passed away January 30, 2020.

Born June 22, 1928, in Point Pleasant Beach, N.J., Gray enlisted in the Marine Corps in 1950 after dropping out of college to fight in Korea, serving as a radio operator with the Amphibious Reconnaissance Platoon, Fleet Marine Force, Pacific.

Over the next 41 years, Gray established a legacy of heroism in combat, deploying eight times to lead Marines in dangerous missions – several of them clandestine. Gray earned the distinction of leading the first independent ground operations by a Marine unit in Vietnam while commanding a composite unit of signals intelligence Marines supported by attached infantry. During his several deployments to Vietnam, Gray pioneered modern signals intelligence collection methods and developed operational employment concepts in which intelligence drove follow-on operations. His lifelong advocacy for such techniques earned him admittance to the National Security Agency's Hall of Honor in 2008 for lifetime achievements in the area of signals intelligence. His early work and establishment of two units, formed the nucleus of what is known today as the Marine Cryptologic Support Battalion.

Commanding at every operational level from 40-person platoon to 40,000-strong Marine Amphibious Force, General Gray reached the pinnacle of Marine Corps leadership when Navy Secretary James Webb selected him to serve as the 29th Commandant of the Marine Corps.

While Commandant of the Marine Corps, General Gray established an unrivaled reputation as a champion of academics and professional education. He federated five of the Corps' formal schools for officers and senior enlisted leaders under the umbrella command of a new Marine Corps University. Hundreds of Marine leaders earn accredited degrees through the university each year as they complete courses of study for promotion and advancement. For Marines of all ranks, Gray implemented the requirement to read at least two books each year from a list he hand-selected. The Commandant's Reading List remains a fixture of Marine Corps professional development.

Gray also led the Marine Corps through the adoption of the doctrinal warfighting concept that serves as the distinguishing institutional and operational philosophy to this day. The Corps' embrace of maneuver warfare doctrine earned it numerous battlefield successes from the 1980s through the modern day. Maneuver warfare continues to be studied not just by U.S. Marines, but by foreign militaries and even civilian business schools around the world. Maneuver warfare emphasizes adaptability, decisiveness, and initiative based on common operational understanding.

Continued from page 3

Throughout his career, Gray's experience as a junior Marine and a noncommissioned officer anchored his leadership philosophy. In an address to a graduating U.S. Naval Academy class, he advised the newly commissioning officers, "If you come and join my Marines, I want you to know that your 'number one' job is to take care of the men and women you are privileged to lead."

Gray stated in interviews that his best day in the Marine Corps was the day he promoted to corporal and joined the ranks of noncommissioned officers.

"I think as excited as I ever was as a young Marine ... my proudest day probably was when I got to put corporal on my return address on the envelope [home]. That was a very, very good day."

Gray left his mark in other ways as well. When visitors to the Pentagon observe the portraits of the Corps' Commandants hanging in the Marine Corps hallway, the tidy row of officers bedecked in Marine Corps Dress Blues and gleaming medals is abruptly disrupted by the face of General Gray smiling back at them as he stands proudly in his Camouflage Utility Uniform. As was his reputation, Gray sought to deliver an enduring message. He adamantly instructed all Marines that "every Marine is, first and foremost, a rifleman. All other conditions are secondary."

This warrior mindset manifested itself in the areas of training and combat readiness as well. Gray directed changes to Marines' readiness to fight "in any clime or place," as the service's hymn reads. Marine formations trained to conduct large-scale maneuvers in desert and cold-weather environments, as unit leaders implemented the tenets of maneuver warfare. This transformation in the aftermath of the Vietnam War-era included the development of a maritime special operations capability, emphasis on the education of leaders, establishment of the Marine Corps University, and development of a long-range desert operations capability.

From their first date in September of 1969, General Gray and his wife Jan were separable only by fidelity to Corps and duty. After a brief engagement, then-Major General Gray and Jan married on July 27, 1980, in Burlington, Vermont. Throughout their marriage of nearly 40 years, Mrs. Gray gave her time and efforts unselfishly to the Marine Corps. She was best known for her dedication to the Navy-Marine Corps Relief Society, the Marine Corps Scholarship Program, the Navy Wifeline Program, the Marine Corps Toys for Tots Program, and the families of casualties from the Beirut Bombing. In 1985, she was lauded with the Marine Corps League Distinguished Service Award. In 1991, the Department of the Navy bestowed on her its Distinguished Public Service Award, recognizing her years of dedication to the men, women and families of the Department of the Navy.

After his military retirement, General Gray served as board chairman and CEO for several public and private companies and was a consultant for several organizations in national and international industry and government. He served on the Defense Science Board; Defense Special Operations Advisory Group; National Security Agency Science Advisory Board; National Reconnaissance Office Gold Team; Defense Operations Support Office Advisory Team; and as director of the Advanced Concept Demonstration Technology for Combat in the Littorals. General Gray was also chairman emeritus of the Injured Marine Semper Fi Fund and America Fund, which help take care of wounded veterans and their families. In addition, he served as chancellor of the Marine Military Academy and chairman of the U.S. Marine Youth Foundation, Chairman of the Board of Directors of the Potomac Institute for Policy Studies, and the Chairman of the Board of the Norwich University Advanced Research Institute.

A public visitation, organized by the estate of General Gray, will be held from 1400-1600 and 1800-2000, April 7, 2024 at Demaine Funeral Home, 520 S. Washington St, Alexandria, Virginia 22314, 703-549-0074. The uniform for the April 7 visitation is Dress Blue/White Bravo with cloth belt, white gloves, and mourning band. There will be an open-to-the-public Full Honors Funeral Ceremony in the National Capital Region at a location and time to be determined. Burial services at Arlington National Cemetery will follow the funeral ceremony. In lieu of flowers, General and Mrs. Gray wish for donations to any of the following charitable organizations:

- Injured Marine Semper Fi Fund
- Marine Corps Law Enforcement Foundation
- Marine Youth Fitness Foundation
- Marine Corps University Foundation
- Marine Corps Heritage Foundation
- Marine Corps Scholarship Foundation
- Hope for the Warriors
- Toys For Tots
- Carolina Museum of the Marine
- Marine Corps Association
- Navy and Marine Corps Relief Society

2024 PARADE SEASON - 8TH and I

"The Oldest Post of the Corps!"



Friday Evening Parade Schedule

To reserve tickets for the Friday Evening Parade, select your desired date below to be directed to the reservation website. Reservations are not required to attend the Sunset Parades.

26 JULY 16 AUGUST

2 AUGUST 23 AUGUST

9 AUGUST

May 13, 2022 - Marine Barracks Washington

Marines with the Silent Drill Platoon execute their "long line" sequence during a Friday Evening Parade at Marine Barracks Washington, D.C. The hosting official was General Eric Smith, the 36th Assistant Commandant of the Marine Corps, and the guests of honor were General Thomas R. Morgan (Ret.), 21st Assistant Commandant of the Marine Corps, General Walter E. Boomer (Ret.), 24th Assistant Commandant of the Marine Corps, General Terrence Dake (Ret.), 27th Assistant Commandant of the Marine Corps, General Robert Magnus (Ret.), 30th Assistant Commandant of the Marine Corps, General John M. Paxton Jr (Ret.), 33rd Assistant Commandant of the Marine Corps. (U.S. Marine Corps photo by Cpl. Mark Morales)

Sunset Parade Dates

30 JULY

06 AUGUST

13 AUGUST





United States Navy Blue Angels

2024 Air Show Schedule



For information about individual air shows, please go to each air show's official website. For more information about the Blue Angels, including the 2024 air show schedule, visit <http://www.blueangels.navy.mil>.

For more information visit: www.navy.mil, www.facebook.com/usnavy, or www.twitter.com/usnavy.

For more photos and video from Navy Blue Angels, visit www.DVIDSHUB.net/NFDS.

July

27-28 Fargo, ND

August

03-04 Seattle, WA

10-11 Chicago, IL

17-18 Colorado Springs, CO

24-25 Wichita, KS

31 Cleveland, OH

September

01-02 Cleveland, OH

14-15 Owensboro, KY

21-22 NAS Oceana, VA

28-29 MCAS Miramar, CA

October

05-06 Reno, NV

12-13 San Francisco, CA

19-20 NAS Jacksonville, FL

26-27 Houston, TX

November

01-02 NAS Pensacola, FL



VA proposes rule to extend presumed area of exposure to Agent Orange and other Herbicides, making it easier for exposed veterans to receive their earned benefits

Released by Va.gov 9 February 2024

WASHINGTON — Today, the Department of Veterans Affairs issued a proposed rule outlining plans to expand the locations and time frames for which VA presumes exposure to Agent Orange and other herbicides. If this proposed rule becomes final, VA will implement a new presumption of exposure to locations where herbicides were tested, used, or stored outside of Vietnam. Specifically, this proposed rule would add locations in the United States (**full list of US locations where Agent Orange was tested or stored:** <https://www.publichealth.va.gov/exposures/agentorange/locations/tests-storage/usa.asp>), (**Canada:** <https://www.publichealth.va.gov/exposures/agentorange/locations/tests-storage/outside-vietnam.asp>), and (**India:** <https://www.publichealth.va.gov/exposures/agentorange/locations/tests-storage/outside-vietnam.asp>) to the existing presumptives for Agent Orange in Vietnam, Cambodia, Johnson Atoll, Guam, American Samoa, Korea, Laos, and Thailand.

A presumption of exposure means that VA automatically assumes that Veterans who served in certain locations were exposed to certain toxins. Presumptives lower the burden of proof required to receive disability benefits, helping Veterans get the benefits they deserve as quickly as possible. This expansion of presumptives will help Veterans who served in the specified locations receive health care and benefits for certain cancers and chronic conditions. To be eligible, a Veteran must have served in the identified location(s) during a specific time period and currently have a condition(s) presumptively associated with herbicide exposure.

Delivering world-class health care and benefits to toxic-exposed Veterans is a top priority for VA and the Biden-Harris Administration. As a part of President Biden's pledge to serve Veterans with military toxic exposures, over the past few years, VA has expanded presumptive service connection for more than hundreds of health conditions related to toxic exposures under the **PACT Act** – the largest expansion of Veteran care and benefits in generations. Thanks to this historic action, VA is delivering more care and more benefits to more Veterans than ever before in U.S. history.

“This proposed change would make it easier for Veterans exposed to herbicides who served outside Vietnam to access the benefits they so rightly deserve,” said **VA Secretary Denis McDonough**. “Our goal is to provide every Veteran – of every era – with the VA health care and benefits they deserve, and this is another step in the right direction.”

Veterans who want to file an initial claim for a herbicide-related disability can visit **VA's website:** <https://www.va.gov/disability/how-to-file-claim/>, use **VA Form 21-526EZ, Application for Disability Compensation and Related Compensation Benefits:** <https://www.va.gov/disability/how-to-file-claim/>, or work with a VA-recognized Veterans Service Organization to assist with the application process. Veterans may also contact their state Veterans Affairs Office. Survivors can file claims for benefits based on the Veteran's service if the Veteran died from at least one of the recognized presumptive herbicide diseases.

This proposed rule also codifies provisions in the **PACT Act:** <https://www.va.gov/resources/the-pact-act-and-your-va-benefits/>, the **Blue Water Navy Act of 2019:** <https://www.congress.gov/bill/116th-congress/house-bill/299/text>, and the **National Defense Authorization Act for 2021:** <https://www.congress.gov/bill/116th-congress/house-bill/6395>.

For more information about the changes, visit **The Federal Register:** <https://www.federalregister.gov/documents/2024/02/12/2024-02590/updating-va-adjudication-regulations-for-disability-or-death-benefit-claims-related-to-exposure-to>.

USMC REUNIONS



ORGANIZATION/POC	DATE	PHONE	EMAIL/WEB
USMC/Combat Helicopter & Tiltrotor Association Washington, DC	30 July - 4 August 2024	703-463-6192	skatz@popasmopke.com admin@popasmoke.com www.popasmoke.com
Mike Company 3/7 Vietnam 40th Reunion Airport Hilton, Minneapolis, MN	31 July - 4 August 2024	David Ray 602-860-8932	
Combined Action Group 3RD MAF CAP UNITS (1965-71) Hilton, Arlington, VA 22202	6-10 August 2024	Eric Webb 479-276-9122	dfroberts555@gmail.com
Women Marines Association Convention Atlanta Hilton, Atlanta, GA	8-12 August 2024	816-916-5812	WMANatPresident@womenmarines.org https://www.womenmarines.org
HMM-262 (Rein) Officers/Pilots (1988-1991) Hilton Garden Inn Downtown, Pensacola, FL	20-22 August 2024	Col Fred Geier 1-352-209-2519	fgeier3360@comcast.net
1st Marine Division Association 77th Annual Reunion San Antonio, TX	18-25 August 2024	760-763-3268	june.oldbreed@finda.us
National Montford Point Marine Association Inc Convention, Jacksonville, NC	21-24 August 2024	Rod Johnson 504-202-8552	http://www.montfordpointmarines.org vice_president@montfordpointmarines.org
3D BN, 4th Marines Doubletree, Herndon, VA	21-25 August 2024	Travis & Grace Fryzowicz 732-921-1968	travisjfry@gmail.com
1977 Louisiana (Bayou) State Platoon 3065 (Swamp Rats) San Diego, CA	5-7 September 2024	Broussard 225-281-6838, Morgan 760-277-7671	rayjbroussardjr@gmail.com morganjos607@gmail.com
Marine Air Base Squadrons-49 Earlville, MD	7 September 2024	Col Chuck McGarigle 609-291-9617, or 609-284-2935	Col_of_mar_ret@comcast.net
Marine Corps Motor Transport Association Reno, NV	15-19 September 2024	George Hanlin 301-514-1087	
Battery Adjust, Marine Artillery Association (All era's) Savannah, GA	18-22 September 2024	Ed Peterson 732-754-8755	ed66451@aol.com
Recruiting Station Baltimore, MD Dorsey, MD	21-22 September 2024	Ed Wakeley Matt Cicchinelli 315-982-1321	RSBaltReunion@outlook.com http://tinyurl.com/BaltReunion
Marine Corps Engineer Association (MCEA) Awards, North Shore Hotel, Myrtle Beach, SC	26-28 September 2024	931-307-9094	treasurer@marcorengasn.org www.marcorengasn.org
26th Marines Association Homewood Suites - San Sebastian, FL	26-30 September 2024	800-445-8667	www.26thMarines.org , https://www.hilton.com/en/hotels/ustsshw-homewood-suites-st-augustine-san-sebastian/ Group Registration/Reservation Code: 91-G Chair.26thmarines@gmail.com
Marine Air Transport Association (MCATA) Courtyard Marriott, Kemah, TX	16-20 October 2024	CWO4 Harshbarger 630-251-2346	president@mcata.com , bagsh18@gmail.com , or www.mcata.com
USMC A-4 Skyhawkers Reunion Hilton and Holiday Inn Resorts Pensacola Beach, FL	11-13 November 2024	Mark Williams 702-778-5010	Rogerwilco14@gmail.com
E Company 2/7, Vietnam Veterans Tucson, AZ	TBD	William Dyer 904-504-1582	parthree@comcast.net
Marine Fighter Foray Reunion Hyatt Regency, Dallas, TX	14-18 October 2026	Donnie Herrin, 214-632-5124, William Pratt, 210-441-9889 Rick Packard 352-988-0410	dherrin@vmfareadyroom.com prattwf@gmail.com Packard.rick@gmail.com

Note to Reunion Planners: Send your reunion events as soon as possible to our organizational mailbox (smb.manpower.mmsr6@usmc.mil) to ensure timely inclusion in this publication. We apologize for the inconvenience with any delayed or missed events due to an unforeseen change in the distribution of this publication.

2024 MILITARY RETIREE APPRECIATION DAYS



Retiree Appreciation Days are held throughout the year at various installations across the United States and Europe. Retirees and their family members are offered information on benefits and service.

DATE	LOCATION	CONTACT
9 Aug	Rosemount, MN (Twin Cities)	763-350-1653
15 Aug/1000	NRNW Naval Base Kitsap, WA	360-315-3052
15 Aug	Des Moines, IA	515-577-4966
7 Sep/0700-1300	Camp Pendleton, CA	760-725-5704
9 Sep	Fort McCoy, WI	608-388-3716
13-14 Sep	Fort Leonard Wood, MO	573-596-6637
19 Sep	Fort Detrick, MD	301-619-9948
19-20 Sep	Fort Sill, OK	580-442-4645
21 Sep	Sefridge ANGB, MI	586-239-5580
21 Sep	Tobyhanna Army Depot, PA	570-615-7019
21 Sep	Fort Campbell, KY	270-798-5280
21 Sep	Fort Drum, NY	315-772-6434
23 Sep/0800	NAS Lemoore, CA	559-998-4524
28 Sep	Fort Gregg-Adams, VA	
28 Sep/0900-1400	MCI-East, Camp Lejeune, NC	910-451-0287
10-11 Oct	Fort Bliss, TX	915-568-5204
12 Oct	JB Ellington, Houston, TX	210-221-9004/9793
17 Oct	USAG Benelux (SHAPE) Belgium	+32-68-25-5581
18 Oct	USAG Benelux Brunssum (Netherlands)	+31-45-534-0260
19 Oct	Rock Island, IL	563-508-5123
19 Oct	JB San Antonio (Fort Sam Houston), TX	210-221-9004/9793
21 Oct/0730	NOSC, Minneapolis, MN	metrograd@gmail.com
2 Nov	JB SA-Randolph, TX	210-652-6680
2 Nov/0900 (Virtual)	NAVBASE San Diego, CA	619-556-7412

Experience camaraderie and esprit de corps at a Retiree Appreciation Day.



2024 Pay Schedule

By DFAS Cleveland

Pay Schedule

To help you plan for 2024, below is a list of the days you should expect to receive your pay. Retired and annuitant pay is due on the first of the month. However, if the first falls on a weekend or holiday, retirees are paid on the last business day of the month and annuitants are paid on the first business day of month. For example, in December 2023, retirees will receive payment on December 29, 2023. However, annuitants are scheduled to receive payment on January 2, 2024. Please see the chart for each month in 2024.

Entitlement Months	Retired Pay Date	Annuitant Pay Date
July 2024	August 1, 2024	August 1, 2024
August 2024	August 30, 2024	September 3, 2024
September 2024	October 1, 2024	October 1, 2024
October 2024	November 1, 2024	November 1, 2024
November 2024	November 29, 2024	December 2, 2024
December 2024	December 31, 2024	January 2, 2025



DEFENSE FINANCE AND ACCOUNTING SERVICE
 PROVIDING PAYMENT SERVICES FOR THE U.S. DEPARTMENT OF DEFENSE

Message from MMSR-4 (Disability Separations and Retirements)

MMSR-4, Separations and Retirement Section has evolved in this last quarter of 2023, and we believe these changes will support a more efficient and user-friendly experience. You're not alone if you've never heard about TDRL /PDRL, which is the acronym for Temporary Disability Retired List, or Permanent Retired List a program designated by Title 10, USC and Secretary of the Navy to support the active-duty Marines whose career is cut short due to disability or illness, where the diagnosis is not stable enough to make a permanent disposition.

We've added two new employees with over twenty years in the Department of Navy's Disability Evaluation system, while we said farewell to another valued employee, who will be an asset to another section. We are prepared to process appointment notifications, arrange travel for those evaluations, when necessary, and deliver retirement documents to our community.

MMSR-4 has taken steps to tailor the process in the form of an informational brochure that is designed to be a guide for your travel convenience and getting reimbursement for travel. The intention is to make scheduling your appointments with the Military Treatment Facilities (MTP) easier and to ensure you're well prepared when you arrive.

If you are assigned to the TDRL, a Periodic Physical Evaluation (PPE) is a vital step in determining your final disposition from the Physical Evaluation Board; permanent retirement or discharge with severance pay. You can also be found fit to come back on active duty as another option. Failure to report for a PPE when ordered to do so may result in your benefits being altered, therefore, attending all appointments is critical.

Reimbursement for the cost of transportation, meals, and lodging incurred while in the execution of your orders is what we do. Send all correspondence and concerns regarding TDRL to the SMB mailbox for TDRL.

SMB.MANPOWER.TDRL@USMC.MIL

WHAT TO BRING?

Identification is required. If you have not already, obtain your military retirement ID card. You will need Identification, military ID is preferred, to ensure you're able to get on base, where most MTF's are. If you have recently changed your name due to marriage, divorce or court order, ensure your orders and ID match!

Documentation. "The service member shall provide to the examining physician, for submission to the PEB, copies of all medical records (civilian, VA, and all military medical records) documenting treatment since the last TDRL reevaluation" (SECNAV 1850.4). To ensure your medical status is captured entirely, your provider will need you to fill in the gaps; What, if any, medical treatment have you had since you retired that is not captured within the Department of Veteran Affairs or an MTF. Inpatient stays? Outpatient procedures? Any changes to your diagnosis/condition should be documented. Your provider will use your medical documentation to update your TDRL status. Bring all medical documentation to your appointment. X-rays, MRI's and CT scans are not permitted; however, you can bring the narrative summary from those examinations.

Additionally, ensure that you bring a copy of the orders directing you to report.

Funds. Have enough money for food, travel to get to and from the appointment, back to the air terminal, and for your lodging arrangements. Advanced Travel pay is not authorized

Continued from page 11

HOW TO ENSURE YOUR TRAVEL CLAIM IS FILED CORRECTLY

Travel via privately owned conveyance is authorized in conjunction with TDRL travel orders, not to exceed the constructive cost of common carrier transportation, as determined in JTR. Contact MMSR-4 for details.

Travel greater than 400 miles one-way or 800 miles roundtrip must be conducted via air travel on a government contracted carrier. **HQMC will not reimburse mileage for a distance greater than 400 miles. A rental car or cash advance is not authorized in conjunction with TDRL orders. A nonmedical attendant is not authorized without prior approval from CMC MMSR-4. Dependents may travel at no expense to the government. Children may NOT accompany you to your appointment.** For reimbursement, submit travel claims to mailbox: SMB.MANPOWER.TDRL@USMC.MIL

For air travel, distances greater than 400 miles one way, TDRL Section requires minimum ten **(10) business days** lead time to complete reservation / confirmation. Notification outside of the 10 (ten) business day window will result in appointment cancellation / rescheduling.

VERIFICATION OF APPOINTMENT

When you arrive at the MTF notify the PEBLO of your arrival and departure. A Verification of Appointment document will be completed. The Verification of Appointment (VOA) is part of your travel claim for reimbursement. The PEBLO will send the VOA to MMSR-4, TDRL.

POST PPE APPOINTMENT:

Completed DD Form 1351.

- All receipts for expenses (if applicable) that exceed \$75
- Transportation receipts (Uber, Lyft,)
- Hotel – Please ensure that your receipt shows a Zero (00.00) balance.

MMSR-4 Contacts

Mr. Jason R. Fenton: Jason.r.fenton.civ@usmc.mil

Staff Sergeant Mayra Arambulajamie: Mayra.arambulajamie@usmc.mil

Ms. Brenda L .Musselman: Brenda.Laudermusselm@usmc.mil

Ms. Tammishia K. Condell: Tammishia.K.YoungerCondell.civ@usmc.mil

Ms. Shantay R. Stewart: Shantay.r.stewart.civ@usmc.mil

SMB Box: SMB.MANPOWER.TDRL@USMC.MIL, or call (703) 784-9308/09/21

We Need You



Retired?

Have a little extra time on your hands?

The Retired Services/Activities Offices at many Marine Corps Installations are facing manpower and resource challenges and need local volunteers to lend their knowledge and experience, and to be a valuable resource to retired Marines needing assistance in your community.

Reach out to your local RSO/RAO and see what opportunities await you.
Installation information and POCs are listed on page 14.

Once a Marine, Always a Marine

USMC Retired Services Offices

MCAS Yuma Arizona

<http://yuma.usmc-mccs.org/marine-family-support/transition-readiness>
geraldine.tirado@usmc.mil
(928) 269-3159

MCAGCC Twentynine Palms California

<http://29palms.usmc-mccs.org/marine-family-support/retired-affairs>
brittany.rising@usmc.mil
(760) 830-6344

MCAS Miramar California

<http://miramar.usmc-mccs.org/marine-family-support/marine-family-life/retired-affairs>
sbmiramarmccs.iandr@usmc.mil
(858) 307-1428

MCB Camp Pendleton California

<https://pendleton.usmc-mccs.org/marine-family-support/retired-affairs>
ernesto.bulli-cruz@usmc-mccs.org
(760) 725-5704
(760) 277-4643

MCLB Barstow California

<https://barstow.usmc-mccs.org/marine-family-support/retired-affairs>
irr.mclbb@usmc-mccs.org
(760) 577-6675

MCRD San Diego California

<http://sandiego.usmc-mccs.org/marine-family-support/retired-affairs>
Perlita.rodriguez@usmc.mil
(619) 524-5298

MCLB Albany Georgia

<https://www.mcieast.marines.mil/staff-offices/retired-affairs/>
jennifer.c.anderson@usmc.mil
(229) 639-5767

MCB Camp Lejeune North Carolina

<https://www.mcieast.marines.mil/staff-offices/retired-affairs/luis.alers@usmc.mil>
Luis J. Alers-Dejesus, (910) 451-0287
Fax: (910) 451-0677

MCAS Cherry Point North Carolina

<https://cherrypoint.usmc-mccs.org/marine-family-support/retired-affairs>
omb.ppd@usmc-mccs.org
(252) 466-7149

MCAS/MCRD South Carolina

<https://www.mccs-sc.com/mil-fam/crmc.shtml>
parr_smb_mcrdpi_crmcpi@usmc.mil
MCRD (843) 228-4574

bfrt_crmc_trs@usmc.mil

MCAS (843) 228-7701

MCB Quantico Virginia

https://www.quantico.usmc-mccs.org/index.cfm/marine-family/personal-professional-development/retirement-activities-office-rao/mccs_quantico_tamp@usmc.mil
(703) 784-2659

MCB Camp SD Butler Okinawa Japan

<https://www.okinawa.usmc-mccs.org/marine-family-support/retired-affairs>
mcbb_trp@usmc.mil

MCB Kaneohe Bay, Hawaii

<https://hawaii.usmc-mccs.org/marine-family-support/retired-affairs>
tennille.shields@usmc.mil
(808) 257-7796

TAPS



The Marine Corps wishes to extend heartfelt sympathy to the loved ones and friends of our fallen comrades. Because of the Privacy Act, we cannot release addresses of the next of kin. The following list includes the Marine's name, last grade held that was reported to the Defense Finance and Accounting Service, month and year of retirement, and month and year of death.

Note: In an effort to reduce erroneous listings, Semper Fidelis will only announce deaths that have been confirmed from DFAS. Telephonic reporting of deaths to MMSR-6 are first confirmed before posted in this column.

GENERAL

GRAY, ALFRED M. JR. Jul 91/Mar 24

LIEUTENANT GENERAL

SMITH, NORMAN H. Aug 91/Jun 24

MAJOR GENERAL

COOPER, JEROME G. Oct 96/Apr 24
CRONIN, JOHN F. Feb 01/May 24
MCCARTHY, JOHN J. JR Sep 07/May 24
MULLEN, WILLIAM F. III Oct 20/Jun 24

COLONEL

CAREY, DONALD F. JR Nov 04/Jan 24
COOPER, THOMAS M. Jan 99/Oct 23
FRANKLIN, CHRISTOPHER T. Nov 12/Dec 23
GROSZ, NICHOLAS H. JR Feb 90/Dec 23
JOHNSON, KARI Oct 03/Dec 23
TOBIN, FRANK T. Nov 80/Dec 22
WOOD, CHARLES D. Aug 78/Dec 21

LIEUTENANT COLONEL

DOLEZAL, RICHARD M. Jun 92/Jan 24
GREINER, KIRK A. Sep 19/Nov 23
HARRIS, RANDALL R. Oct 89/Nov 23
HIRSCH, DONALD B. Jul 81/Oct 23
KOMAR, JOHN T. Mar 78/Jan 24
LEIPOLD, ROBERT D. Jul 80/Jan 24
MCDONALD, ROY H. JR Jan 83/Nov 23
PADGETT, ROBERT L. Oct 86/Jan 24
PATTEN, JOHN R. Jul 94/Nov 23
REYNOLDS, RICHARD C. Jun 77/Oct 23
RYAN, VICTOR W. JR Jan 95/Sep 23
SCHWOB, CHARLES E. Sep 90/Jan 24
TUCKER, CHARLES M. Apr 90/Dec 23
WILLIAMS, DONALD G. Nov 78/Apr 23

MAJOR

AMES, CARL S. Aug 68/Jan 24
BLOCK, ROBERT E. Oct 66/Feb 24

CIPOLLA, HENRY J. Jul 78/Jan 24
DORTCH, CHARLES L. Aug 99/May 23
DUTKIEWICZ, PATRICIA A. Dec 11/Jan 24
ECKERT, DONALD E. Jan 91/Oct 23
ELOE, EDWIN E. May 80/Dec 23
JOHNSON, KENNETH E. Oct 76/Dec 23
KEITH, EDDIE A. Nov 88/Dec 23
KLINE, SAMUEL H. III Feb 85/Feb 24
MILLER, JON Jul 82/Dec 23
PARKS, BENNIE L. Oct 77/Dec 23
PINNICK, JAMES H. Jul 71/Nov 23
STEELE, RICHARD Feb 82/Dec 23

CAPTAIN

BAINBRIDGE, LEROY G. Jun 87/Jan 24
BURK, ROGER R. May 72/Oct 23
COOPER, BERTRAND W. JR May 76/Dec 23
DAILEY, EDWIN L. JR Dec 72/Nov 23
DONOHUE, EUGENE T. Aug 69/Jan 24
GREEN, FRANK N. Jun 76/Feb 24
KAMMERER, ROGER E. Sep 95/Jan 24
LUTZ, KENNETH O. Mar 72/Dec 23
RICKMAN, LESTER JR. Dec 73/Nov 21
SKINNER, MARION R. JR Nov 77/Dec 23

CHIEF WARRANT OFFICER 5

HINKLE, HARRY F. JR May 97/Jan 24

CHIEF WARRANT OFFICER 4

AUGUSTUS, CHARLES R. Jul 83/Jan 24
KIRSCH, PAUL T. Jan 94/Nov 23
MATTERN, RICHARD E. May 96/Sep 23
MROZ, CASIMIR C. Nov 92/Dec 23

Continued from page 15

TAPS



The Marine Corps wishes to extend heartfelt sympathy to the loved ones and friends of our fallen comrades. Because of the Privacy Act, we cannot release addresses of the next of kin. The following list includes the Marine's name, last grade held that was reported to the Defense Finance and Accounting Service, month and year of retirement, and month and year of death.

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SERGEANT MAJOR

DAVIS, JOSEPH C.	May 81/Aug 23
HOLM, CARL R.	Oct 88/Feb 24
MARTINEZ, JOE JR	Oct 89/Feb 24
SUIT, THOMAS H. III	Jun 85/Jan 24
WHITLEY, ROBERT D.	Jul 81/Nov 23

MASTER GUNNERY SERGEANT

ASBURY, DONALD V.	Nov 78/Nov 23
BRYANT, JAMES A. JR	May 07/Feb 24
CAPPS, DOLLY J.	Sep 96/Dec 23
DALE, TERRY L.	Jan 98/Jan 24
FREED, MARK A.	Jun 04/Feb 24
GOMILLION, STEPHEN A.	Jan 97/Jan 24
LYONS, JOHN K.	Sep 89/Jan 22
MCNAIR, JIM T. JR	Jul 98/Jan 24
PORTER, WACO C. JR	Aug 97/Jul 23
RICHARDSON, BILLY C.	Jan 81/May 22
SANDOVAL, ALBERT R.	Apr 94/Dec 23
SNIDER, JAMES D.	Nov 90/Jan 24
THOMPSON, BILLY R.	Jun 72/Feb 24

FIRST SERGEANT

BUTLER, JOHN S. JR	Jan 83/Jul 23
CURTIN, AUDRY V.	Jul 63/Oct 23
HAVEY, JOHN A.	May 79/Dec 23
HENDREN, MICHAEL B.	May 87/Jan 24
HOLLEN, ROBERT D.	Oct 82/Jan 24
OQUENDO, JUAN S.	Mar 72/Nov 23
RUX, LEE	Oct 91/Dec 23
SAWYER, JACK H.	Feb 70/Jan 24
STOTTLEMYER, MERLE E.	Oct 80/Jan 24

MASTER SERGEANT

ASKEY, ROBERT M.	Jan 80/Jan 24
ATTWOOD, KENNETH L.	Sep 98/Jan 24
BAXTER, WILLIAM B.	Jul 01/Feb 24
BICKERS, COLTON G.	Jul 07/Jul 23
BRADESON, PETER L.	Jul 87/Feb 24
COVINGTON, CHARLES C.	Oct 83/Jan 24
DAVIS, STANLEY S.	Jul 88/Oct 23
EDWARDS, GERALD S.	Jan 09/Dec 23
FOSTER, JAMES E.	Aug 86/Feb 24
GREEN, BENJAMIN T.	Dec 73/Sep 23
HAWKINS, JAMES E.	Sep 68/Jan 24
HUNT, CHESTER M.	Jan 90/Jan 24
JOHNSON, JAMES C.	Apr 73/Sep 23
KANDER, BARRY R.	Mar 81/Dec 23
MADDOX, HAROLD D.	May 72/Nov 23
MOSS, GEORGE E.	Apr 88/Jan 24
NOBLE, KENNETH A.	Nov 02/Feb 24

PECHAN, RICHARD J. JR	May 84/Feb 24
PRESNAR, EUGENE R.	Feb 81/Dec 23
QUADROS, ALBERT F.	Feb 89/Nov 23
RUSSELL, WAYNE C.	Apr 92/Dec 23
THORNLOW, ROBERT G.	Sep 75/Jan 24
WHITE, WINSTON R.	Aug 88/Dec 23

GUNNERY SERGEANT

ACKMAN, ROBERT F.	Jul 91/Dec 23
ATTAWAY, FLOYD W.	Nov 76/Dec 23
BELL, RALPH T.	Mar 88/Jan 24
BOURLAND, BILLY J.	Jun 04/Feb 24
CRISSY, JAMES P.	Jul 93/Feb 24
CUNNINGHAM, CHARLES E.	Sep 94/Jan 24
FERRIS, JAMES Q.	Apr 77/Dec 23
GARCIA, MANUEL G.	Jan 89/Jan 24
GERLOFF, FREDERICK JR	Sep 80/Jan 24
HAFF, KENDALL L.	Dec 95/Apr 24
HILLSTROM, RONALD G.	Jul 80/Feb 24
HINKLEY, JAMES A.	May 73/Nov 23
JOCSON, FORD V.	Aug 95/Jan 24
KINGERY, GLEN E.	Jul 74/Feb 24
KIRK, JAMES	Aug 94/Jan 24
LEWIS, MARK W.	Jun 02/Jan 24
MASON, GENE	Apr 71/Nov 23
MCDANIEL, JAMES H.	Mar 76/Jul 22
MCELROY, ANDREA H.	Mar 06/Jan 24
MERCADO, HERBERT D.	Feb 79/Jan 24
MEYER, JOHN R.	Dec 85/Feb 24
MILLER, LAIRD K.	Oct 94/Jan 24
PAYNE, GENE L.	Jul 74/Jan 24
PERALTA, JULIO C.	Oct 79/Jun 23
PODGORSKI, RAYMOND S.	Sep 72/Jan 24
ROUSH, JASON B.	May 14/Feb 24
SHARP, JOHN D.	Jun 74/Dec 23
SPANGLER, RICHARD E.	Sep 91/Feb 24
STRANGER, JOSEPH C.	Dec 68/Nov 23
STROZAK, ROYCE W.	Dec 77/Dec 23
THOMAS, WILLIAM N.	Feb 80/Feb 24
THOMPSON, DALE T.	Sep 79/Dec 23
VILLEME, FRANCIS R.	Jan 96/Feb 24
FORD, HAROLD S.	Oct 79/Sep 22

Gunnery Sergeant's continued on page 17

Continued from page 16

TAPS



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Gunnery Sergeant's continued from page 16

VOSS, GERALD L.	Dec 98/Dec 23
YANEY, CHAUNCEY R.	Oct 01/Jan 24
ZOSKEY, TED	Jul 96/Nov 22

STAFF SERGEANT

COUCH, FRANK C.	Jun 89/Feb 24
DRASHER, CLAYTON G.	Jul 75/Jan 24
HAWLEY, TRAVIS R.	Jan 17/Feb 24
IGO, PHILLIPS S.	Feb 95/Jan 24
JENKINS, RONALD E.	Jan 92/Jan 14
JOHNSON, RANDE K.	Jan 22/Nov 23
LANCASTER, MARK E. II	Jun 14/Nov 23
LISTER, RICHARD A.	Jul 07/Feb 24
LUNN, WILLIAM V.	Jul 64/Jan 24
PRESTON, DONALD R.	Jul 70/Jan 24
REID, ERIC W.	Dec 18/Jan 24
SMITH, RAYMOND A.	Sep 97/Feb 24
TOMLINSON, KENNETH D.	Jan 76/Dec 23
TRENT, RONALD D.	May 89/Jan 24

SERGEANT

CARTER, EDWARD JR	Sep 62/Jan 24
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CORPORAL

BOURGOIN, JAMES C.	Feb 69/Jan 24
HERGERT, DANIEL JR	Dec 82/Jan 24
HOY, STANLEY J.	Apr 69/Oct 23
KEATING, KEITH	Apr 69/Sep 23
KESOCK, PHILLIP J.	Jan 70/Nov 23
SECORA, STEVEN J.	Mar 69/Aug 23
WALDON, H. J.	May 68/Dec 23

LANCE CORPORAL

BROWN, THOMAS M. JR	May 16/Dec 23
DUBISKY, EDWARD J.	Apr 70/Jan 24
HUDGENS, JEFFERY D.	Oct 06/Dec 23
MARTIN, ROBERT L.	May 69/Nov 23

PRIVATE FIRST CLASS

KNIPPER, CHARLES A.	May 53/Jan 24
SHORES, JOHN A.	Feb 70/Sep 23

PRIVATE

MORSETTE, JEROME	May 71/Jan 24
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Official Arlington National Cemetery photo



2024 NAVY & MARINE CORPS Retiree Council

http://www.public.navy.mil/bupers-npc/support/retiree_council/Pages/default.aspx

The Secretary of the Navy (SECNAV) Retiree Council is preparing for its annual August meeting as it continues to serve Navy and Marine Corps retirees, dependents, and annuitants.

Council members maintain frequent contact as they gather information, research retirement issues, contact subject matter experts, and set the agenda for the upcoming meeting.

Incoming Council co-chairs Vice Admiral Jeff Trussler, U.S. Navy (Ret.), and 17th Sgt. Maj. of the Marine Corps Mike Barrett, U.S. Marine Corps (Ret.), succeeded outgoing Council co-chairs Lt. Gen. Pete Osman, U.S. Marine Corps (Ret.), and Ninth Master Chief Petty Officer of the Navy Jim Herdt, U.S. Navy (Ret), upon completion of the latters' terms.

Vice Admiral Trussler, a native of Oklahoma, recently retired from the Navy after serving as Deputy Chief of Naval Operations for Information Warfare, N2/N6, Office of the Chief of Naval Operations/Director of Naval Intelligence. His previous shore and staff assignments include Submarine Force U.S. Pacific Fleet COMSUBPAC), U.S. Pacific Fleet (CINCPACFLT) nuclear propulsion examining board (NPEB), two tours at the Navy Personnel Command (NPC), the Joint Staff, and the Navy Staff. His flag assignments were as the first commander, Undersea War fighting Development Center (UWDC) and as director, Future Plans on the Navy Staff.

"As a recent retiree, I have already experienced some of the challenges of information flow and surprise at access to services," Trussler said. "I look forward to working with the Council and all those working Navy and Marine Corps retiree issues to honor our nation's commitments to those who served a career in our armed forces."

Sergeant Major Barrett, a native of New York state, served as the 17th Sergeant Major of the Marine Corps from June 9, 2011, until February 20, 2015. He previously served in instructor and leadership roles at the company, Battalion, Division and Marine Expeditionary Force levels; Marine drill instructor roles including Chief Drill Instructor and Battalion Drill Master; and NATO Regional Command (Southwest) Command Sergeant Major for Nimruz and Helmand Province, Afghanistan. During the Gulf War, he deployed forward with Task Force Papa Bear. He completed two combat deployments in support of Operation Iraqi Freedom in the Al Anbar Province, Iraq.

"Catholic Sunday School taught me (that) life is joy," Barrett said, . "Fighting for and defending America inspired me; life is service. I acted and found service was joy. I am grateful for the opportunity to continue to serve our Navy and Marine Corps retirees. Always faithful!"

Jenny Hawkes, LtCol, USMCR (Ret)

Ask the Retired Service Officer: Things to know when traveling outside the US

Jenny Hawkes, LtCol., USMCR (Ret)
Outreach, Overseas & Resources
Committee Chair, SECNAV Retiree Council

This column address questions and issues commonly raised by retirees to Retired Activities Office (RAO) representatives of the Navy's Retired actives, Branch which apprises the military retired community of benefits, entitlements, rights, privileges, and changes in retirement law, and provides customer service to military retirees, families, annuitants, and survivors.

Retired Activities Office representatives research questions, provide reliable answers, and refer personnel to appropriate service providers, thus helping retirees and their families obtain the rights, benefits, and privileges to which they're entitled.

Volunteer opportunities exist at several RAOs in CONUS and OCONUS. Check the listing of offices printed on page 22.

The information below was submitted by the Outreach/Overseas/Resources Committee of the SECNAV Retiree Council. To learn more about the Council, click on www.mynavyhr.navy.mil.

Access the Council's Facebook page by searching for Navy and Marine Corps Retirees, then like and follow for frequent news updates.

Q: Does Medicare cover me when I travel outside the United States?

A: Medicare will not cover you outside the United States, except in rare situations. For example, Medicare may cover treatment at a Canadian hospital if you have a medical emergency while traveling between Alaska and another state. Medicare may also cover treatment if you have a medical emergency while in the U.S. or a U.S. territory and the nearest hospital is across the border in Canada or Mexico.

If you're on a ship that is within six hours of a U.S. port, you'll likely have Medicare coverage. Some Medical Advantage (Part C) plans may cover certain emergencies if they occur outside the United States. In most cases, you'll need supplemental travel insurance.

Q: What about TRICARE coverage while I'm traveling overseas?

A: Medicare does not provide coverage outside the United States or its territories. Therefore, TRICARE For Life becomes the primary payer for health care received in all other overseas locations. You're responsible for paying TRICARE's annual deductible and cost shares.

Q: Am I eligible for medical treatment at overseas U.S. military medical treatment facilities?

A: Before embarking on overseas travel, check to see if the U.S. has a military base or bases in the country or countries you'll be visiting. Then check on the military treatment facility or facilities to see what is covered.

In case of a medical emergency, it may be helpful to have more than one credit card account. Medical expenses can be really high. If you must make payments, you will have your credit cards available. If you must make medical payments out of your own pocket, you might be able to get some portion reimbursed from TRICARE.

Consider purchasing medical insurance before you travel outside the U.S. and U.S. territories. Keep your information current with the organizations that have a role in your health care enrollment and coverage.

Continuing in their roles are Council Chief of Staff Capt. Martin Menez, U.S. Navy (Ret.), and Council Recorder YNC(AW) Eric Wenzel, U.S. Navy (Ret.).

The Secretary of the Navy established the Navy and Marine Corps Retiree Council to consider issues of significant importance to retired military personnel and their family members, to facilitate interaction between Department of Navy leadership and the Navy and Marine Corps retired community, and to facilitate participation in other aspects of the Retired Activities Program.

In the months leading up to the annual meeting in August, the Council reviews the effectiveness of current programs and policies affecting retirees. The Council may make recommendations concerning improvements to privileges, benefits, assistance to retirees, quality of life, and any other matters relating to retired personnel.

SECNAV Instruction 5420.169K details Council membership and responsibilities and broadly empowers the Council to make recommendations on any matter relating to retired personnel.

If you haven't already done so, consider liking and following the Navy and Marine Corps Retiree Council page on Facebook. Search for "Navy and Marine Corps Retirees" or use the direct link. Visit the page often for updates and news of interest to Navy and Marine Corps retirees.



TRICARE Tips for Managing Diabetes and Your Oral Health

By TRICARE Communications 3 July 2024

FALLS CHURCH, Va. — Diabetes is a common condition in the United States. According to the Centers for Disease Control and Prevention, more than 38 million American adults currently have diabetes.

“Even though diabetes is common, many people don’t know about its connection to oral health,” said Douglas Elsesser, a program analyst with the Dental Program Section of the TRICARE Health Plan. “Uncontrolled diabetes can negatively affect your oral health in many ways.”

If you have diabetes, it’s important to keep it under control. Here are some examples of how diabetes can affect your oral health:

- **Reduced saliva production.** Saliva helps clean bacteria and neutralize acids that cause tooth decay. Having less saliva increases your risk for cavities.
- **Rapid bacteria growth.** High blood sugar levels allow bacteria in the mouth to multiply quickly. Oral bacteria causes gum disease and other infections.
- **Increased plaque buildup.** Plaque is a film of bacteria that sticks to teeth. Unchecked diabetes increases plaque buildup. This increases your risk for gum disease.
- **Decreased ability to fight infections.** People with diabetes are more prone to gingivitis and advanced gum disease. These infections can destroy gum tissue and bone, leading to tooth loss.

Poor oral health also makes diabetes harder to manage. Gum disease causes inflammation, which can spike blood sugar levels, which is a concern for people with diabetes.

To properly care for your oral health, you can adopt these practices:

- Brush your teeth twice a day and floss daily.
- Seek treatment right away if you show any signs of gum disease. Early signs of gum disease include swollen gums, gums that bleed easily, and bad breath that won’t go away.
- Coordinate treatment with your dentist and physician.
- Quit smoking and using tobacco.
- Limit the amount of sugar you eat and drink.
- Chew sugar-free gum to increase saliva flow.

Wondering how TRICARE covers dental care? Dental coverage is separate from TRICARE’s health plan coverage. Your dental coverage options are based on who you are:

- Active duty service members get their dental care at military dental clinics or through the Active Duty Dental Program.
- Other beneficiary types may be eligible for dental coverage through the TRICARE Dental Program or the Federal Employees Dental and Vision Insurance Program. Enrollment in these programs is voluntary, as noted in the TRICARE Dental Options Fact Sheet.

If you’re enrolled in the TDP, you may be eligible for the TDP Wellness Program. The TDP Wellness Program offers expanded coverage at no additional cost to people with diabetes and certain other health conditions. This coverage includes additional cleanings, fluoride treatments, and certain gum surgery procedures. If you have diabetes, be sure to enroll in the TDP Wellness Program through the TDP contractor, United Concordia. To enroll, go to the United Concordia TDP website <https://www.uccitdp.com/dtwdws/member/landing.xhtml> and log in to *My Account*.

No matter what other health conditions you live with, it’s important to take good care of your oral health. Check out the TRICARE Dental Program *Health Matters* newsletter for more oral health tips.



TSA PreCheck for Retirees

By TSA.GOV

Now that you're retired, you're hoping to have more time to travel with your family for some real R&R. You booked your flight and packed your bags but when you go to check-in prior to departure, you notice you don't have a TSA PreCheck indicator on your boarding pass. You're sure you entered your CAC ID in the Known Traveler Number (KTN) field for all your airline profiles so this very thing wouldn't happen. What gives? When you call the airline, they can't seem to get your DoD ID to take. You note that you have recently retired from duty and discover your DoD ID is no longer valid for TSA PreCheck.

What happened?

TSA PreCheck is a risk based system that allows for expedited screening for trusted travelers. When a civilian enrolls and is approved for the program they receive a Known Traveler Number (KTN). The whole process of application involves a security threat assessment based upon a background check. So for years as a uniformed service member you received TSA PreCheck by virtue of your continued military service and the background checks conducted by the DoD. Upon separation/retirement from service the DoD background check is no longer valid; therefore, your DoD ID can no longer be used as your KTN regardless if you have one on your retirement ID.

What should I do?

To avoid any break in your TSA PreCheck benefits, we encourage Military Members to apply for TSA PreCheck (or another DHS Trusted Traveler Program) prior to retiring or transitioning out of service. The process starts with a brief online application with one of our enrollment providers. Next, you visit one of over 650 convenient enrollment locations (found here [searchable by zip code](https://www.tsa.gov/precheck/enrollment-centers)) <https://www.tsa.gov/precheck/enrollment-centers> to complete your enrollment by scanning your fingerprints, showing proof of citizenship and photo capture. Most applicants are approved within 3-5 business days and once enrolled, you will receive a Known Traveler Number (KTN) that is good for 5 years. Plus, the TSA PreCheck program partners with many credit cards and loyalty programs, to offer application fee reimbursement. Win-win!




What about my family?

Just as when you were in service, your spouse, travel companions, and family members over 18 will need to individually enroll. Children 12 and under can always accompany you in the TSA PreCheck line for free as well as children 13-17, when on the same reservation and the TSA PreCheck indicator appears on their boarding pass.

I have more questions, who can I contact?

TSA is here to ensure secure travel for all. TSA Cares is here to help travelers who require assistance at the airport and the

3 Step Process to enroll in TSA PreCheck and get a known traveler number (KTN)

1 Select an Enrollment Provider (5-10 min.)  <ul style="list-style-type: none"> • Pre-enroll online • Visit the chosen provider's location to complete the enrollment • 600+ enrollment locations nationwide 	2 Visit an Enrollment Location (10 min)  <ul style="list-style-type: none"> • Required documents scanned • Fingerprints collected • Photograph taken • Application fee collected 	3 Get Approved: Receive Known Traveler Number (KTN)  <ul style="list-style-type: none"> • Most applicants approved in 3-5 days • Add KTN to airline reservations and frequent flyer accounts • Applicants will receive approval notification via e-mail or text. • KTN is valid for 5 years • Check KTN status online
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No passport required — enjoy expedited screening when departing from U.S. airports.

With TSA PreCheck® you **do not** need to remove:



✓ shoes



✓ laptops



✓ 3-1-1 liquids



✓ belts



✓ light jackets



17M+
Members



600+
Enrollment
locations



90+
Airlines



200+
Airports



99%
Wait less than
10 minutes

Steps to Take When an Annuitant Dies

ELIGIBILITY FOR SURVIVOR BENEFIT PLAN ANNUITY PAY ENDS WITH THE DEATH OF THE ANNUITANT (BENEFICIARY)

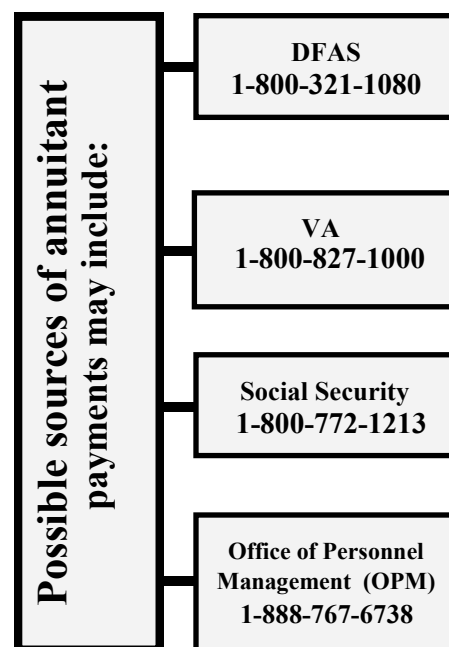
Prompt reporting of a deceased military annuitant's death can help avoid delay and prevent possible financial hardship for the surviving family members or executors, who will be required to return any unearned payments of the decedent's annuity pay if payment is erroneously received.

***While the VA does not provide burial benefits for annuitants, the annuitant may be eligible for burial in a military cemetery.

Follow these steps to report the death of an annuitant:

1. Call DFAS at 1-800-321-1080 to report the death and stop annuity pay.
2. Mail or fax a copy of the annuitant's death certificate to:

DFAS - U.S. Military Annuitant Pay
8899 E. 56th Street
Indianapolis, IN 46249-1300
Fax: 1-800-982-8459
3. Inform any financial institutions receiving payments about the death of the annuitant. (Provide a copy of the death certificate when it becomes available).
4. If applicable, contact the following agencies/departments immediately to report the death:
 - **Social Security Administration:**
 1-800-772-1213 www.ssa.gov
 - **Defense Enrollment Eligibility Reporting System:**
 1-800-538-9552
 - **Department of Veterans Affairs:**
 1-800-827-1000 (annuitants in receipt of Dependency and Indemnity Compensation)
www.va.gov



If you believe you are the victim of an error or injustice which affects your military record, you may apply for a Correction of Military Records by completing and submitting a DD Form 149, Application for Correction of Military Record. Examples of corrections include: upgraded discharge, promotions, retired pay, household goods, pay date change, bonus, and MGIB programs. DFAS pays military members when the Board for Corrections of Naval Records (BCNR) rule in their favor. If you received a decision from the BCNR and you do not agree with it, write the Board and explain your reasoning. Reference the appropriate address on page 2 of the DD Form 149. If you would like to check the status of your request contact the BCNR directly at (703) 604 - 6884 (Navy/Marine Corps). If you believe DFAS paid you incorrectly for your Correction of Record, provide documentation with a handwritten signature explaining why you are protesting the amount to:

DFAS-IN
 Dept. 3330, Attn: COR/Claims
 8899 East 56th Street
 Indianapolis, IN 46249-3300
 DFAS Inquiry Line: (317) 212-6167
 (Hours: 8:30 am to 3:30 pm, EST)

What to Do When a Retired Marine Dies DFAS Checklist

What You Need to Know

We are sorry for your loss, and we are here to help you. Although it's a difficult time, it's important to report the death of a military retiree promptly. Please use one of the options below to report the death of a retiree.

Information about claiming a retiree's final pay and claiming Survivor Benefit Plan payments (if the retiree was enrolled) is also included in this checklist.

Additional information is available on the DFAS Report a Retiree's Death webpage: <https://www.dfas.mil/retdeath>

Please note: The Arrears of Pay (AOP) beneficiary and Survivor Benefit Plan (SBP) beneficiary are designated by the retiree. They can be the same, but are not always the same. Separate claims must be made for AOP and SBP.

How to Report a Retiree's Death

Prompt reporting of a death is important to avoid overpayment. Retired pay ends on the date of death of the retiree.

You can report a retiree's death using our online form or by calling our Customer Care Center, or via fax or mail. Filling out the online askDFAS Notification of Death form is the quickest and most convenient option. It's available 24/7.

- ☐ To use the **online askDFAS Notification of Death form**, visit our Quick Tools webpage: <https://www.dfas.mil/raquicktools>, then click on "To Report the Death of a Retiree."
- ☐ To contact our **Customer Care Center**, call toll-free: 1-800-321-1080 or 1-317-212-0551 (during business hours M-F, Eastern Time).
- ☐ **Fax** to: 1-800-469-6559 OR **Mail** to: Defense Finance and Accounting Service, U.S. Military Retired Pay, 8899 E 56th Street, Indianapolis IN 46249-1200

What Happens When DFAS Receives Notification of Death

Upon notification of death, we will send a condolence letter with instructions for claiming the retiree's final pay. If the retiree was enrolled in the Survivor Benefit Plan (SBP) we will also send the forms to claim SBP annuity payments.

DFAS will **stop monthly payments upon notification of death** to prevent overpayment. Because retired pay ends on the date of death, **if a payment was made after the date of the retiree's death**, we are required to notify the bank to **reclaim the entire payment**. Once we receive the paperwork to claim a retiree's pay, we can calculate and pay the retiree's final pro-rated payment to

Supporting Documents Required

- ◆ We are required to have a copy of the retiree's Certificate of Death that states the cause or manner of death prior to making payments. If you have not yet provided this specific type of death certificate, please include a copy of it with your documents.
- ◆ The supporting documents to claim SBP depends on your individual situation. Please check our webpage for specific information: <https://www.dfas.mil/startsb>

Reminders

- ◆ Is your form **signed and dated** by you (and by witnesses for the AOP SF 1174)?
- ◆ Did you include supporting documents? Is the retiree's name and Social Security Number on each document?

What You Need to Do: Claim a Retiree's Final Pay

When the death of a retiree is reported, we mail a condolence letter to the person/people listed in the retiree's account as the Arrears of Pay (AOP) beneficiary. If there is no beneficiary listed in the retiree's account, we will send the letter to the retiree's legal representative, if known, or to the retiree's last known address. The condolence letter is generally sent within a week of the report of death.

The mailing will include the **Arrears of Pay (AOP) claim form—SF 1174 Claim for Unpaid Compensation of Deceased Member of the Uniformed Service.**

- ☐ **Complete and submit** the SF 1174 form, along with the retiree's death certificate indicating the cause and/or manner of death. This death certificate is required for us to calculate and pay the retiree's final pay. Please note that the SF 1174 must be signed by two witnesses in addition to the claimant.
- ☐ Include a completed **Direct Deposit Authorization (DFAS-CL Form 1059)** with your SF 1174 to have an AOP payment direct deposited to your bank account. Please avoid using a joint account that was shared with a deceased retiree for this deposit. Banks return those payments to DFAS.
- ☐ **Upload** a PDF of your completed/ signed/ witnessed SF 1174 form and supporting documents via the convenient askDFAS **online upload tool** on DFAS.mil: <https://www.dfas.mil/askdfas>. Please make sure the retiree's name and Social Security Number are on each document you upload.

OR Mail AOP claims to: Defense Finance and Accounting Service, U.S. Military Retired Pay, 8899 E 56th Street, Indianapolis IN 46249-1200 OR Fax to: 1-800-469-6559

You can download forms from our **Forms Library webpage** at <https://www.dfas.mil/raforms> and submit them without waiting for the mail.

Please see the **How to Claim a Retiree's Arrears of Pay (AOP) Using the SF 1174 webpage** at <https://www.dfas.mil/retireeaop> for how-to information and helpful tools for filling out and submitting these documents, including our helpful Form Wizard, which guides you through completing the form correctly and

What You Need to Do: The Survivor Benefit Plan (SBP)

- ☐ If the retiree was enrolled in the Survivor Benefit Plan (SBP) or the Retired Serviceman's Family Protection Plan (RSFPP), promptly complete and submit the DD 2656-7 Verification for Survivor Annuity and supporting documents.
- ☐ Upload a PDF of your completed/ signed DD 2656-7 form and supporting documents via the convenient askDFAS online upload tool on DFAS.mil: <https://www.dfas.mil/askdfas>. Please make sure the retiree's name and Social Security Number are on each document you upload.

OR Mail SBP claims to: Defense Finance and Accounting Service, U.S. Military Annuity Pay, 8899 E 56th Street, Indianapolis IN 46249-1300 OR Fax to: 1-800-982-8459

You can download forms from our **Forms Library webpage** at <https://www.dfas.mil/raforms> and submit them without waiting for the mail.

Please see the **Start an SBP Annuity** webpage at <https://www.dfas.mil/startsbp> for how-to information and helpful tools for filling out and submitting these documents, including our helpful Form Wizard, which guides you through completing the form correctly

The Retiree's Final Tax Document (1099-R)

The retiree's **final tax document (IRS 1099-R)** is typically issued at the same time as the Arrears of Pay payment to the AOP beneficiary.

If a retiree's legal representative who is not the AOP beneficiary needs a copy of the 1099-R, they should send a signed and dated letter that includes the retiree's full name, Social Security Number, the 1099-R request, and the full name and relationship of the requestor, **along with a copy of the retiree's Certificate of Death** (if not already on file). The Certificate of Death is required in order for the 1099-R to be issued.

Update: Distribution Changes for the *Semper Fidelis*



As previously mentioned, we will be reducing the number of copies of the *Semper Fidelis* newsletter we print and mail each quarter. Effective with Volume 68 Number 3, the August-September 2024 issue of the *Semper Fidelis*, copies will be printed and mailed to ONLY those Marines who retired PRIOR to 1 January 2002. Surviving spouses and annuitants will not be affected by this change at this time.

We highly encourage all retired Marines and annuitants to sign up for MyPay with the Defense Finance and Accounting Service (DFAS) and verify the accuracy of your email address. This will ensure you receive all future issues of the newsletter in a much timelier manner.

This, and previous issues of the *Semper Fidelis* can be accessed 24/7 online at:
<https://www.hqmc.marines.mil/Agencies/Manpower-Reserve-Affairs-MMSR-6/>



Directory Assistance Pages

A

AMC PASSENGER TERMINAL

<http://www.amc.af.mil/Home/AMC-Travel-Site/>

ARLINGTON NATIONAL CEMETERY

(703) 607-8000

www.arlingtoncemetery.mil

ARMED FORCES RECREATION CENTERS

www.armymwr.com/travel/recreationcenters/

- **Edelweiss Lodge and Resort (Germany)**
(011-49) 8821-9440
- **Hale Koa Hotel (Hawaii):** (800) 367-6027

ARMED FORCES RETIREMENT HOME

(800) 422-9988

Email: admissions@afrh.gov

Email: public.affairs@afrh.gov

www.afrh.gov

AWARDS:

Marines who have been discharged, separated or retired on or before 1 January 2001 should submit their inquiry to:

National Personnel Record Center
Military Personnel Records
1 Archives Dr., St. Louis, MO 63138
Phone: (314) 801-0800

B

BOARD FOR CORRECTION OF NAVAL RECORDS

701 S. Courthouse Rd., Bldg. 12, Suite 1001

Arlington, VA 22204-2490

(703) 604-6884/6885; Fax: (703) 604-3437

www.donhq.navy.mil/bcnr/bcnr.htm

C

CAMP LEJEUNE NOTIFICATION REGISTRY

<https://clnr.hqi.usmc.mil/clwater>

COLD WAR RECOGNITION PROGRAM

Attn: AHRC-PDP-A, Dept. 480

1600 Spearhead Division Ave.

Fort Knox, KY 40122-5408

Fax: (800)723-9262 or (502) 613-9510

<https://www.hrc.army.mil>

Search "Cold War Certificate"

COMBAT-RELATED SPECIAL COMPENSATION

SECNAV CRSC Board

720 Kennon St. SE, Ste. 309; Washington, DC 20374-5023

(877) 366-2772, (202) 685-6408, Fax: (202) 685-6610

usn.ncr.asstsecnavmradc.mbx@us.navy.mil

<http://www.secnave.navy.mil/mra/CORB/pages/crsccb/default.aspx>

D

DD 214s

Marines who have been discharged, separated, or retired on or before 31 December 1998:

National Personnel Records Center

1 Archives Dr., St. Louis, MO 63138

(314) 801-0800; Fax: (314) 801-9195

PR.center@nara.gov; www.archives.gov/st-louis

Marines discharged/retired/separated on or after 1 January 1999:

Manpower Management Performance Branch (MMPB-2)

2008 Elliot Rd., Quantico, VA 22134-5030

(800) 268-3710 option (1); smb.manpower.mmrb-10@usmc.mil

DEFENSE FINANCE AND ACCOUNTING SERVICE

(800) 321-1080, www.dfas.mil

U.S. and OCONUS: (216) 522-5955, Fax: (800) 469-6559

DFAS Special Compensation for the Severely Disabled

P.O. Box 998011; Cleveland, OH 44199-8011

(216) 522-6170

E

E-BENEFITS: <https://www.ebenefits.va.gov/ebenefits-portal/appmanager/eb/veterans>

F

Federal Employee Dental and Vision Insurance Program (FEDVIP)

(877) 888-FEDS ((877) 888-3337)

www.BENEFEDS.com/military

Federal Long Term Care Insurance Program (FLTCIP)

(800) LTC-FEDS ((800) 582-3337)

www.LTCFEDS.com/Military

M

MARINE CORPS ASSOCIATION

715 Broadway St., Quantico, VA 22134

(866) 622-1775, ext. 100, Fax: (703) 640-0162

mca@mca-marines.org

- **Leatherneck Magazine**

(800) 336-0291, ext. 115; Fax: (703) 640-0823

leatherneck@mca-marines.org

- **Marine Corps Gazette**

(800) 336-0291, ext. 144; Fax: (703) 630-9147

gazette@mca-marines.org

MARINE BARRACKS WASHINGTON

8th and I, Washington, DC, www.barracks.marines.mil



Directory Assistance Pages

MARINE CORPS HERITAGE FOUNDATION

18900 Jefferson Davis Hwy, Triangle VA 22172
(703) 640-7965 OR (800) 397-7585; info@marineheritage.org
<https://www.marineheritage.org/>

MARINE CORPS HISTORY DIVISION

Marine Corps University
2044 Broadway Street, Quantico, VA 22134-5001
(703) 432-4874, www.history.division@usmcu.edu

MARINE CORPS JUNIOR ROTC TECOM (C46JR)

1019 Elliot Rd., Quantico, VA 22134-5001
(703) 784-3706; www.mcjrotc.org

MARINE CORPS LEAGUE NATIONAL HQ

3619 Jefferson Davis Hwy, Suite 115
Stafford, VA 22554, (703) 207-9588: JFoster@MCLeague.org
(Membership Manager)

MARINE CORPS RECORDS RESEARCH & RECONSTRUCTION (MMPB-21)

2008 Elliot Rd., Quantico, VA 22134-5030
(800) 268-3710, (703) 784-3930/4646/5616

MARINE CORPS RESERVE ASSOCIATION

3619 Richmond Hwy
Suite 115
Stafford, VA 22554-7771, (877) 289-8780, (703) 289-1204

MCCS COMMUNITY SERVICES: www.usmc-mccs.org

MEDICAL RECORDS: Marines who have been discharged/separated/retired on 1 May 1994 or later:

VA Records Management Center
P.O. Box 5020; St. Louis, MO 63115-8950
(888) 533-4558; Fax: (314) 538-4571

MEDICARE: (800) 633-4227; www.medicare.gov

N

NATIONAL MUSEUM OF THE MARINE CORPS

18900 Jefferson Davis Hwy., Triangle, VA 22172
(877) 653-1775; www.usmcmuseum.org

NATIONAL PERSONNEL RECORDS CENTER

(314) 801-0800; <https://www.archives.gov/personnel-records-center/military-personnel>

NAVY LODGE WORLDWIDE RESERVATIONS CENTER

(800) NAVY-INN; www.navy-lodge.com

NAVY-MARINE CORPS RELIEF SOCIETY

875 N. Randolph Road Street, Suite 225, Arlington, VA 22203
(800) 654-8364; <http://www.nmcrrs.org>

Q

QUANTICO NATIONAL CEMETERY

(703) 221-2183; www.cem.va.gov/cems/nchp/quantico.asp

S

SISTER SERVICE RETIREE PUBLICATIONS

- **Air Force Afterburner:** <http://www.retirees.af.mil/Library/Afterburner/>
- **Army Echoes:** <https://soldierforlife.army.mil/retirement/echoes>
- **Coast Guard Evening Colors:** www.uscg.mil/ppc/retnews
- **Navy Shift Colors:** www.mynavyhr.navy.mil/Media-Center/Publications/Shift-Colors/

SOCIAL SECURITY ADMINISTRATION

(800) 772-1213; www.ssa.gov

SURVIVOR BENEFIT PLAN

www.dfas.mil/retiredmilitary/provide/sbp

T

THRIFT SAVINGS PLAN: (877) 968-3778; Fax: (216) 367-3605; TSP mailbox: ccl-mc-tsp@dfas.mil
International callers: (404) 233-4400
<https://www.tsp.gov/index.html>

TRICARE: <https://tricare.mil/>

- **East:** (800) 444-5445;
<https://www.humanamilitary.com/east/>
- **West:** (844) 866-9378;
<https://www.tricare-west.com>
- **Overseas:** (888) 777-8343;
<https://www.tricare-overseas.com>
- **Health Beneficiary Counseling Assistance Coordinator:** <https://tricare.mil/bcacdcao>

TRICARE for LIFE: (866) 773-0404; www.tricare4u.com

TRICARE Network Pharmacy Program

(877) 363-1303;
<https://www.express-scripts.com/TRICARE/index.shtml>

TRICARE Pharmacy Home Delivery: (877) 363-1296;
<https://tricare.mil/homedelivery>

U

UNIFORM SUPPORT CENTER: (800) 368-4088;

Fax your DD 214 to (800) 551-6289 before placing order.

V

VA: (800) 827-1000; www.va.gov

VA EDUCATION: (888) 442-4551; www.gibill.va.gov

VA LIFE INSURANCE PROGRAMS:

(800) 669-8477; www.insurance.va.gov

VA SGLI/VGLI: (800) 419-1473

VA STATUS OF HEADSTONES AND MARKERS:

(800) 697-6947

HEADQUARTERS, U.S. MARINE CORPS (MMSR-6)
JAMES WESLEY MARSH CENTER
3280 RUSSELL ROAD
QUANTICO, VA 22134-5103

OFFICIAL BUSINESS
PENALTY FOR PRIVATE USE, \$300

Access your newsletter online at <https://www.hqmc.marines.mil/Agencies/Manpower-Reserve-Affairs-MMSR-6/>

Separation and Retirement Branch (MMSR)

VACANT, Branch Head

Maj Cody Pennington, *Assistant Branch Head*
cody.pennington@usmc.mil



Retired Services and Pay Section (MMSR-6)

Vincent P. Tate, *Human Resources Manager*
vincent.tate@usmc.mil

Donald J. Saucier, *Writer-Editor*
donald.saucier@usmc.mil

Human Resources Specialists

Beverly T. Britt
Rose M. Thomas
Glenda Williams
Donald Saucier

Marine Admin Staff
GySgt Renato J. Rodriguez-Gonzalez

WHO TO CONTACT:

MMSR-2: (703) 784-9322/23 Enlisted
(703) 784-9324/25 Officer



Active Duty Separations and Retirements

- **Officer**
smb.manpower.mmsr2o@usmc.mil
- **Enlisted**
smb.manpower.mmsr2e@usmc.mil

MMSR-4: (703) 784-9308/09/21
Disability Separations and Retirements
smb.manpower.mmsr4@usmc.mil

MMSR-5: (703) 784-9306/07
Fax: (703) 784-9834
Inactive Reserve Separations and Retirements
smb.manpower.mmsr5@usmc.mil

MMSR-6: (703) 784-9311/10; 1-800-336-4649
Fax: (703) 784-9834
Retired Services and Pay

- Address Changes (Note: Annuitants must call DFAS)
- Identification Cards
- Semper Fidelis
- Survivor Benefit Plan

smb.manpower.mmsr6@usmc.mil

