Face Mask Usage on Joint Base Myer Henderson Hall

As of September 17, 2021

According to the Centers for Disease Control and Prevention, both Washington D.C. and Arlington County are now "substantial" transmission areas for COVID-19 and the Delta variant. Face coverings are now required in all indoor settings on Myer, McNair and Henderson Hall - regardless of vaccination status. The mask mandate remains in place for all non-vaccinated individuals - both indoors and outdoors.

Our job is to defend our Nation's Capital and to be the face of the US Military. Vaccinating against COVID-19 is key to our continued success. Your efforts will make a difference in the fight against this disease. Be a part of the solution - get vaccinated.

The virus is still out there. As conditions change in the local area we must continue to remain vigilant at work and home. Get vaccinated and follow DOD, local and CDC guidelines — protect yourself, protect the team, protect the mission.

JBM-HH leadership continues to monitor the pandemic in the NCR and refine our conditions-based plan and continue to be focused on protecting the force, preserving readiness and mitigating the risk of transmission among personnel.

For the more updated information please visit:

Joint Base Myer-Henderson Hall Notifications

MCCS Closures, Modified Hours of Operations and Event updates
December 2021 Awareness / Recognition

International Day Of Persons With Disabilities - 3 December
International Volunteer Day—5 December
Pearl Harbor Remembrance Day—7 December
Human Rights Day—10 December
Bill of Rights Day—15 December

Hanukkah—28 November through 6 December
Christmas Eve—24 December
Christmas Day—25 December
Kwanzaa—26 December through 1 January
New Years Eve—31 December
New Years Day - 1 January

Pearl Harbor Remembrance Day Proclamation

On December 7, 1941, the Imperial Japanese Navy attacked our forces at Pearl Harbor and other locations in Hawaii, taking the lives of 2,403 service members and civilians and leading the United States to declare its entrance into World War II. It was a day that still lives in infamy 80 years later. As we mark National Pearl Harbor Remembrance Day, we honor the patriots who perished, commemorate the valor of all those who defended our Nation, and recommit ourselves to carrying forth the ensuing peace and reconciliation that brought a better future for our world. Today, we give thanks to the Greatest Generation, who guided our Nation through some of our darkest moments and laid the foundations of an international system that has transformed former adversaries into allies.

To view the remainder of the proclamation, please click on the link above.
Command Updates and Training

Command Training and Boards

**Lance Corporal Seminar** (24-28 January 2022)
Packages are due to the company office NLT 19 January 2022.

**Corporal Course** (31 January - 25 February 2022)
Packages are due to the company office NLT 26 January 2022

**Marine and NCO of the Quarter**
Packages are due NLT 5 January 2022. Board will convene on 12 January 2022.

**Marine and NCO of the Year**
Packages are due NLT 5 January 2022. Board will convene on 12 January 2022.

Instructors are needed, please contact GySgt Myles at 703-614-7140, or David.Myles@usmc.mil for more information.

Supplemental Guidance for Official Travel

**HH Memorandum 05-21**: Supplemental Guidance for Official Travel during Conditions Based Approach to COVID-19 has been published and disseminated!

**Key Information:**

- Official travel to or from restricted locations remain prohibited unless authorized by exemption or approved waiver.
- Viral test required 3-5 days prior to departure of airlift from CONUS to OCONUS. No test required for vaccinated and individuals who have recovered from COVID-19 infection within the past 90 days unless required by host nation.
- Viral test required 3-5 days prior to departure AND upon completion of travel from OCONUS to CONUS regardless of vaccination status. No test required for individuals who have recovered from COVID-19 infection within the past 90 days. Vaccinated individuals must still conduct viral tests.
- ROM is not required for vaccinated and fully recovered individuals unless required by host nation.
- Non-government funded leave, to include leave in conjunction with orders (LICWO), is exempt from travel restrictions and no longer requires exception to policy (ETP) requests. However, this leave shall be reviewed for approval at a level no lower than the Marine’s unit commander (O-5) and cannot be delegated any further.
- Outbound service members must conduct a risk assessment and provide a signed attestation memo which can be found on manpower portal/website, to the Consolidated Administration (CONAD) section within 14 days prior to travel.

For more information from HQ Co, please click here.
Command Updates and Training

**S-3 Training: COVID Vaccine Mandate, CFT schedule, and PAC training**

PAC training has resumed. Per MCO 1500.63 and MCO 5354.1F, PAC training can be conducted leader-led at the small unit level. Lesson plans are available through the MCTIMS Training Resources Module or see attached. Videos are available through TECOM’s sharepoint: [https://vcepub.tecom.usmc.mil/sites/directorates/mtesd/LeaderLedAnnualTraining/SitePages/Home.aspx](https://vcepub.tecom.usmc.mil/sites/directorates/mtesd/LeaderLedAnnualTraining/SitePages/Home.aspx)

For more information, please contact the Bn Equal Opportunity Representative, GySgt Isaac (703 614-7334).

***Forthcoming Changes to the Physical Fitness Test (PFT): MARADMIN 404/21***

- Starting 1 January 2022, time required to achieve the maximum points on the plank will be 3 minutes and 45 seconds. The time required to achieve the minimum points on the plank will be 1 minute and 10 seconds.
- Effective 1 January 2023, the plank will replace the abdominal crunch for the PFT.
- There is one scoring table for both male and female Marines.
- MCO 6100.13A W/CH 3 will be revised to reflect this change.
- **DVIDS - Video - PFT Plank Instructional video (dvidshub.net)**

Command Physical Training Representative (CPTR)/Monitor Briefs are held on the 2nd Wednesday of each month at 0900 in the S-3 Conference Room.

To view more information, please click [here](https://vcepub.tecom.usmc.mil/sites/directorates/mtesd/LeaderLedAnnualTraining/SitePages/Home.aspx).
Command Updates and Training

S-1: Flag Request Form

The Headquarters Marine Corps Henderson Hall Commemorative Flag Raising Program was instituted to provide a means for individuals to have the National Ensign flown over the MCWM in order to honor or recognize special events. In addition to these events we are assuring that all Marines and Sailors are given guidance Per Marine Corps Order 1900.16 CH 2 Para. 1012 directing that commanders present a United States flag to active duty Marines upon their transfer to the Fleet Marine Corps Reserve or retired list on or after 1 October 1998.

If the member is within the battalion and retiring, we will provide the flag however, if they do not we request a flag to be provided. Please forward the completed request form to our OMB at hnhl_s1@usmc.mil or walk in the form to the S-1 at building 29 room 200.


Click here to view the updated Flag request form.

“...The Joy of brightening other lives, bearing each others’ burdens, easing each other’s loads and supplanting empty hearts and lives with generous gifts becomes for us the magic of the holidays.”

–W. C. Jones

Henderson Hall Remote Office at the Pentagon

Henderson Hall has opened a remote office at the Pentagon in room 4A524 in order to better support the Marines within the Pentagon. Primary personnel will be supporting the below offices:

- CONAD
- DMO
- Company Offices
- SACO

Rotating within the office to help provide better customer service so it can help mitigate travel time back and forth. The office is open now and servicing customers Monday - Friday, 0900-1430. More information to follow.
As we prepare for December travels and holiday decorations / festivities, I am requesting that you take a moment to scan through this month’s Safety Checks Newsletter. **This month’s tips and information include: Ladder Safety, How to Winterize your Home / Car / Motorcycle and Holiday “Home Safety” gouge.** We’ve also included some pointers on Decorating and what to be mindful of while Shopping for Toys!

Lastly, driving is an every-day activity however, with the holiday approaching more of us will be out on the roads!

With the aim of keeping you safe year-round, here is the latest NAVSAFECEN lesson learned: LL 21-32 Driving Safety.

*** Here’s an easy quote from a National Highway Traffic Safety Administration (NHTSA) report I read: **Here’s what hundreds of millions of people can do every day, right now, to combat traffic fatalities:** “Slow down, wear seat belts, drive sober, and avoid distractions behind the wheel.” If we could all do those 4 things we’d avoid almost all driving fatalities and most of the fender benders.

*** Random useful bullet-points:

1. People are as impaired when they drive and talk on a cell phone as they are when they drive intoxicated at the legal blood-alcohol limit of 0.08%. – University of Utah study

2. Text messaging for commercial drivers increases the risk of crash or near-crash by 23 times (aka 2,300% more likely). – Virginia Technical Transportation Institute, USDOT

3. Sending or reading a text message takes your eyes off the road for about 5 seconds, long enough to cover a football field while driving at 55 mph (and most folks seem to be going 70+ on the highway) – NHTSA

Please read and share within your workspaces. And, don’t forget your friends and family members.

R/S,

Your Command Safety Office
Command Updates and Training

Command Safety Office, cont’d

Naval Safety Center Lessons Learned & Safety Checks

NSC Lessons Learned SSIR 21-32 Driving Safety
NSC Lessons Learned SSIR 21-15: Aircraft Hard Landing
NSC Lessons Learned 21—29: Autumn Fires
NSC Lessons Learned 21—30: Off Duty Firearms Mishaps
NSC Lessons Learned 21—31: Holiday Ladder Falls

Veteran’s Day and Thanksgiving Safety Checks
Space Heater Fast Facts
Lessons Learned 21-28 The Slips and Trips of Fall
NSC Lessons Learned 21-25 Concussions

Holiday Door Decorations

As we prepare doors and office spaces with Christmas decorations, please ensure that you follow the below guidelines. Our goal is to ensure the safety of our Marines, civilians and patrons of Henderson Hall.

Pentagons “Holiday Door Decoration” guidelines as a reference.

· Holiday decorations in public spaces are limited to office suite entrance doors and door frames only.

· Decorations are only allowed after Thanksgiving through New Year’s Day (or the first day back per the Commanders leave policy).

· Decorative lights on doors must be battery operated. All decorative lights must turned off when the office is closed.

· Decorations cannot be hung on ceilings, electrical fixtures, exit signs, fire sprinklers, fire alarm devices, or windows.

· Decorations cannot obstruct evacuation routes, exit signs, fire extinguishers, fire alarm devices, electrical outlets, or air supplies and returns.

· Live trees and greens, such as fresh green wreaths, swags, and other combustible vegetation, are not permitted. Artificial, fire-retardant trees are permitted only in agency spaces. Artificial, fire-retardant wreaths are permitted on office suite entrance doors.
**Command Training and Updates**

**Personal Finance Office**

Christmas and the related holidays are normally a festive time involving spending money for presents, entertainment and travel. If you find yourself financially overextended this year, please reach out to one of your Henderson Hall financial counselors to review your personal finances, preferably sooner than later. You do not have to get approval from a supervisor to contact us, your spending will not be judged, no report will be submitted and best of all, there are no costs for our services! We can assist with spending analysis and budgeting. But to initiate any action, it has to first come from the military member, or their spouse. And speaking of spouses, they do not need permission from the military member to contact us, and no report is made back to the spouse. All discussions are maintained in private. We can meet over the phone, via Zoom or in person. We are located aboard Henderson Hall in building 12, next to the car wash. And please pass this along to your friends and colleagues! Best wishes for the holidays!

Rob Rea, MBA, CFP®, PFC.Henderson.USMC@Zeiders.com, (202) 384-5731

Steve Harris, AFC®, Steven.R.Harris@usmc-mccs.org, (703) 614-6950

**Child Tax Credit**

The Child Tax Credit has been paid monthly to eligible members since July of 2021. The amounts are $300 per child under the age of 6 and $250 per child between the age of 6-17. There is a reduction that kicks in for members with taxable incomes above $75,000, filing as a single status, $112,500 for those filing as head of household and $150,000 for those filing joint returns. Eligibility ends for families earning more than $440,000. There is still no update from the current administration if the Child Tax Credit will continue in 2022. For families who already have children (pre-2021), there was no sign up action required. However, for those with newborns in 2021, or who may not have filed their 2020 tax return, they do need to sign up to receive this tax credit, in the event it is continued into 2022. The child must first have a social security number. Then, parents may access the required IRS portal at Child Tax Credit Update Portal | Internal Revenue Service (irs.gov). If no sign up action is taken, member will be able to receive the full amount when they file their 2021 income tax returns in 2022. But, there may be a delay in receiving any 2022 payments until the IRS data base is updated with the child’s info. If there are any questions please do not hesitate to contact the Henderson Hall Personal Financial Manage office.

**Welcome Aboard Brief**

Welcome Aboard Orientation is designed to inform new joins of all programs and benefits available them in the National Capital Region. Set Aside Program, Child Care Subsidy programs, Mass Transit Benefits, Single Marine Program, Marine Corps Exchange, TriCare, Life Long Learning just to name a few.

**Joseph Rosenthal Theater**

**Tuesday, 11 January 2022**

**0800—1030**

For more information or questions, please contact

Mr. Willie Acevedo, Relocation/Information & Referral, at 703-693-9197 or email William.acevedo@usmc.mil.
Why Call ESD (Enterprise Service Desk)?

“Why should I call ESD? I have an IT (S-6) down the hall who can help me?”

While it is true that some issues can be handled by your IT (S-6), such as submitting SAARs for new or renewing accounts, Desk and Mobile Phone issues, Shared Drive, and SharePoint site access. Most issues must be routed through the ESD, The ESD has wide visibility into the Enterprise issues and is the SPOC for many of the latest troubleshooting steps. In addition, by having the single point of logging of issues the ESD can identify trends and report on them. The ESD currently Resolves 60 to 70 percent of the support contacts. Please keep your Ticket# from the ESD because S-6 may need this information to help resolve your issue.

Henderson Hall (.mil Users) Help Desk support and services:

**Enterprise Service Desk Contact Information**

Toll-Free: 855-ESD-USMC / (855-373-8762)  
DSN Phone: (322) 915-3333  
Commercial Phone: (816) 915-3333  
Email: Enterprise_Service_Desk@usmc.mil

**Group Mailbox:**

HNHL_S6@USMC.MIL

Please send us an email with your issues and we will respond at our earliest convenience. If we have not replied within five working days, please call us at 703-614-8670.

- Telephone Support * Henderson Hall ONLY (VOIP and MOBILE) 703-614-8670  All Communication Service Request for Henderson Hall must be submitted electronically to the following email hnhl_s6@usmc.mil.

- Obtaining access to Henderson Hall SharePoint site Please visit the link to submit a request for accessing Henderson Hall SharePoint site [https://hqmesupport.hqi.usmc.mil/sites/hqmcar/default.aspx](https://hqmesupport.hqi.usmc.mil/sites/hqmcar/default.aspx) (You’ll need CAC before accessing the site) Also, please send an email to hnhl_s6@usmc.mil once you received access, to get the proper roles needed for your sections page.

- Register your government USMC.MIL account for SharePoint Access at the following URL [https://hqmesupport.hqi.usmc.mil/sites/hqmcar/default.aspx](https://hqmesupport.hqi.usmc.mil/sites/hqmcar/default.aspx)

**Remote User Network Access:***

All remote users must log in to Marine Corps Enterprise Network Computer (MCEN) every 60 days or their account will be disabled by MCCOG. Logging in to OWA does not satisfy this requirement per HQMC MITSI. If you have questions in regards to access, please contact Enterprise Service Desk (ESD) at 855-373-8762.
CFC Campaign 2021

MARADMIN 530/21: 2021 Combined Federal Campaign

CFCNCA 2021 is officially kicked off on 5 Oct 2021. Information on various events are included in the CFC newsletter.

- Secretariat CFC Kickoff – Coming Soon

- 2021 “Virtual” DON Secretariat Combined Federal Campaign (CFC) Kick-off with a special message from this year’s CFC Chair, Ms. Alaleh Jenkins, ASN (FM&C).

- Be on the lookout for a flyer announcing the DON Secretariat CFC Halloween Trivia Contest where you can win a “Bragging Rights” certificate signed by this year’s CFC Chair, Ms. Alaleh Jenkins, Assistant Secretary of the Navy for Financial Management and Comptroller.

The contest will launch at 0900 on Tuesday, 19 October 2021. The first one to answer all 6 questions correctly WINS!

CFC Volunteer Hours

On Behalf of the CFC Representative.

Did you know that you can pledge volunteer hours in addition to your monetary donation to the charity of your choice?

Some of the campaign’s most important activities take place after the campaign has ended. Use our online giving portal, or our giving App and pledge volunteer hours in addition to your monetary donation to the charity of your choice. If you pledge volunteer hours during the 2021 campaign, please coordinate with your charity of choice for volunteer opportunities in 2022.

Use the below spreadsheet to find virtual and in-person volunteer opportunities. The National Capital Area/Northern VA has 19 volunteer opportunities--Food Service, Animal Welfare, and Academic Tutoring to name a few.

For a list of Volunteer Opportunities click here.
COVID Vaccination Information

- COVID-19 vaccinations will be available at the Pentagon Library and Conference Center (PFIZER vaccine ONLY).
- Vaccination Schedule:
  - CLOSED December 16 - January 5
  - Beginning January 6 vaccinations will be provided in the DiLorenzo Pentagon Clinic on a limited capacity on Tuesday and Thursday from 0800-1400.
- Bring your vaccine card to the vaccination site for the booster.

PLEASE SELF-REGISTER FOR FIRST, SECOND, or a THIRD DOSE (Immunocompromised/booster) at: https://apps.sp.pentagon.mil/sites/Vaccination/Pages/Home.aspx. Booster guidance: CDC recommends the following groups: 65 or older and 18-64 years old with underlying conditions or increased risk because of their occupational or institutional settings receive a booster shot of PFIZER at least six months after the 2nd dose of PFIZER.

Pentagon surveillance testing – Civilians with approved Reasonable Accommodations (RAs) and military that have approved exemptions and that need to come into the Pentagon to work, will need a negative test at least 72 hours before arriving in the building. To help the processing of testing, OSD has set up a testing site in 1B843 where government employees can register to get a rapid test. If a government employee needs to be tested, they make a reservation for the morning they need to be in the building, get a rapid test, get a chit that reflects "negative" which can be provided to the supervisor, and then proceed to their office. Of course, if the test says positive they will be sent home. Registration WILL be required and the site link is: https://apps.sp.pentagon.mil/sites/Vaccination/Lists/COVID%20TESTING/calendar.aspx.

Andrew Rader Clinic COVID Vaccines

JBM-HH has shifted vaccination efforts to the Radar Clinic Vaccine clinic.

You may also schedule an appointment by visiting the below websites.

Religious Service, Programs and Events

JBM-HH Religious Services at the Memorial Chapel

Please join the religious services team in the sanctuary for any of our weekend services. Per the joint base commander’s guidance, masks are required for all attendees at in person chapel services. This applies to Memorial Chapel and Old Post Chapel at JBM-HH.

Registration is no longer a requirement to attend service.

Solo Parent Society

We help single parents raise healthy kids.

- We join the journey
- We build authentic community
- We advocate
- We equip churches
- We support

We help single parents raise healthy kids by encouraging, equipping, and empowering them. We do this so they can better love themselves, their families and their Creator. We mobilize churches, companies, and communities to do the same to help these families thrive.

GROUP INFORMATION

If you are a single parent... YOU BELONG HERE
Solo Parent Society is a group of single moms and dads meeting weekly for connection, understanding, and support. We meet online and, as available, in person.

This is a time to connect, learn, and share to ultimately be a community doing life together. Everyone chooses how they will participate: join the conversation or just listen.

If you are interested in joining the JBM-HH Solo Parent Program – contact Chaplain Maruszewski at (703) 614-9280 or stop in to bldg. 29 Chapel.

Welcomed a Newborn?

The Chaplains Office has commissary gift cards for those E6 and below members who have recently welcomed a newborn into the world. It can be used for diapers, formula, whatever can be purchased at the commissary for use in caring for your new young one. Please contact us at chelese.bowman@usmc.mil for more information.
Religious Service, Programs and Events

JBM-HH Chapel Community Holiday Food Assistance Program

Memorandum of Instruction (MOI) – Chapel Community Holiday Food Assistance Program 2021

The CCHFAP is sponsored by the Joint Base Myer-Henderson Hall (JBM-HH) chapel congregations. This program enhances the holiday season by providing funds for special Family meals during Christmas and Thanksgiving. SMs demonstrating verifiable financial need are considered eligible. This program is executed by the distribution of Commissary gift cards through the Joint Base Religious Support Office (RSO). These gift cards are made possible by the generous offerings of the chapel congregations and other organizations of JBM-HH. SMs wishing to express their thanks can bring notes of gratitude to the Joint Base RSO at Memorial Chapel or to the Chaplain at their unit/organization.

This assistance is for service members with dependents who are deemed eligible by their command as demonstrating a significant financial need. Junior Enlisted service members are the primary focus, but any service member can be nominated if need dictates. The higher ranking nominees will be considered on a case by case basis and any exceptions will be approved by the Joint Base chaplain. The gift cards will be distributed based upon actual need rather than an assessment of rank plus dependents. **Single service members without dependents are not eligible for this program.**

To view the full MOI, please click [here](#).

**Chapel Community Holiday Food Assistance Program- Instructions**

**Chapel Community Holiday Food Assistance Program- Application Form**

FY 21-22 NDW CREDO Retreats

Marriage Enrichment Retreat

“Give your relationship the gift of interpersonal tools used to grow a more satisfying marriage.”

Active Duty Military, Guard and Reserves are welcome. For more information, contact CREDO NDW at Credo.NDW@Navy.Mil or (202) 404-8831. **Registration is required.**

Meals, lodging, and parking are at no cost to the participants. Learn more about CREDO NDW at [www.facebook.com/NDW-CREDO](http://www.facebook.com/NDW-CREDO)
Command Training and Updates

Toys for Tots at Henderson Hall

The mission of the Marine Toys for Tots Foundation is to assist the U. S. Marine Corps in providing a tangible sign of hope to economically disadvantaged children at Christmas. This assistance includes providing day-to-day leadership and oversight of the Program, raising funds to provide toys to supplement the collections of local Toys for Tots Campaigns, to provide promotional and support material and defray the costs of conducting annual Toys for Tots Campaigns. Other Foundation support includes providing administrative, advisory, financial, logistic and promotional support to local Toys for Tots Coordinators; managing funds raised and monies donated based on the use of Toys for Tots name or logo; providing other support the Marine Corps, as a federal agency, cannot provide; and conducting public education and information programs about Toys for Tots that call the general public to action in support of this patriotic community action program.

For more ways to Donate, please click here.

- Make a donation
- Donate Online
- Donate a Toy locally
- Literacy Program
- Virtual Toy Box
- Peer-to-Peer Fundraising
MCCS Programs, Events and more

Stress During the Holidays

Maintaining Balance and Stress Resilience: This presentation aims to guide service members and their families manage the unique stressors that are often associated with holidays. Objectives include recognizing the signs and symptoms of stress, defining holiday expectations, avoiding the "holiday blues," practicing stress management techniques, and utilizing strategies to guide children through the holidays with minimal stress to all parties.

Wednesday, December 15, 2021
6:30 pm
&
Wednesday, December 29, 2021
12:00 pm

Here is the Zoom link and information for all presentations in this series:
https://magellanhealth.zoom.us/j/93371614164?pwd=eFpqY2tzUHN4bmtMdDRPbUwrUDQ5dz09
Password: 638388

Topic: Presentation
Time: This is a recurring meeting Meet anytime
Point of contact:
Spring Richardson, LPC
Military and Family Life Counselor
(703) 414-9885
srichardson9@magellanfederal.com

The information for the upcoming Stress Management series classes is as follows:

01/12/21 (6:30pm) & 01/13/21 (12pm): Life in Balance: Relaxation and Stress Relief
01/26/21 (6:30pm) & 02/10/22 (12pm): Building Stress Resiliency: Making Stress Work for You
02/23/22 (6:30pm) & 03/10/22 (12pm): Stress Management
03/23/22 (6:30pm) & 03/31/22 (12pm): Coping Strategies for the Uncertainties of Life
04/13/22 (6:30pm) & 04/21/22 (12pm): Three C’s of Communication
MCCS Programs, Events and more

School Liaison Mentoring Program

SEEKING MARINE VOLUNTEERS!
Mentoring Program for Barcroft students is back! Barcroft students are in great need for volunteers. This volunteer job is easy and rewarding! Just one or two hours a week!

Mondays-Two time slots are available to pick from: 1100 or 1500 (1 hour).

Open to all Marines and Service Members.

Important Information:
Volunteers will start off the program with getting to know their students, these will go from community builder/get to know your activities (for a couple of sessions) to social-emotional learning activities (also one-two sessions). (Activities will be provided). Last, (after a few weeks) you will read with your students. Barcroft Elementary has an online library you may use and will share their screen. Each session will be 1 hour. The Barcroft POC will lead a quick training for those interested in signing up. We’d love as many volunteers as possible for this program! For volunteer hours, contact the School Liaison Officer at amy.fishman@usmc-mccs.org.

For more information, please visit the SLO webpage.

JBM-HH Play Morning

Hosted by The New Parent Support Program. Join us every Thursday morning for sing-along-songs and story time for preschool children 0-5 years old. Registration is necessary!

Every Thursday
10:00 a.m - 11:30 a.m
Henderson Hall Chapel

For more information, call 703-614-7208 or 703-696-1160 or email laurie.laszakovits@usmc-mccs.org.
MCCS Programs, Events and more

Exceptional Family Member Program

Event: EFMP Lunch & Learn - Establishing Permanent Dependency
Date: Tuesday, December 21, 2021
Time: 11:30 am – 12:30 pm
Open to: EFMP Families
Where: Virtual – Email efmphh@usmc-mccs.org for Zoom link

Description: Learn what the basic qualifying criterion is for establishing an incapacitation status for a child within the Defense Enrollment Eligibility Reporting System (DEERS). Learn what a dependency determination is and what documentation is needed. Learn what the ID card processing procedures are for incapacitated children over age 21. With guest: EFMP Attorney Vickie O’Brien.

Event: Female Virtual Peer Support Group
Date/s: Every 1st and 3rd Monday
Time: 6:00 pm – 7:30 pm
Open to: Female Veterans
Where: Virtual – Contact Danielle Rock at 804-839-0480 or Danielle.rock@dvs.virginia.gov

Description: Virtual Veteran Peer Support Groups are facilitated by veterans, in order to more effectively address the needs of the Veteran, National Guard, and Reservist communities by providing a relaxed and confidential environment in which to share past military, and current transitional, experiences with other veterans. The virtual groups employ a peer-to-peer format, which strives to foster support for their members by improving self-reliance, self-advocacy, and by encouraging each veteran along his/her own path to behavioral health wellness.

Event: Veteran Virtual Peer Support Group
Date/s: Every other week on Wednesday
Time: 6:00 pm – 8:00 pm
Open to: Veterans
Where: Virtual via Google Meets – Contact James Custodio at 571-235-8308

Description: Veteran Peer Support Groups are facilitated by veterans and designed to address the needs of Veterans, National Guard and Reservists by providing a relaxed and confidential environment to share post military and transitional experiences with other veterans. In a peer-to-peer format, the groups strive to support one another in improving self-reliance and self-advocacy, and encouraging veterans in their pursuit of wellness.

For more information and courses, please click here.
Henderson Hall's Transition Readiness Program (TRP) ensures Marines are prepared for their transition from military to civilian life and provides Marines and their families with the tools and resources needed to meet Department of Defense (DoD) directed Career Readiness Standards (CRS).

The TRP provides career/employment assistance, vocational guidance, and transition information to separating/retiring Marines and their families. Marines are counseled and advised on the availability of transition support services and their responsibility for attending the mandatory Transition Readiness Seminar (TRS) prior to leaving the military.

To register, please contact your Unit Transition Coordinator (UTC).

Due to limited capacity, these trainings are limited to personnel administratively attached to Henderson Hall.

American Clippers Barbershop

BARBER SHOP IS OPEN TO ALL DoD ID CARD HOLDERS

New Hours of Operation, starting Monday, September 27, 2021:

Monday-Friday: 8:30 am - 5:30 pm
Saturday: 9:30 am - 4:30 pm
Sunday: 10:00 am - 4:30 pm.

Haircuts by appointment only (703-271-8177) for all DoD ID Card holders.

In addition to our standard sanitation protocols we are following CDC guidelines to include:
- A mask or face covering is required for entry into this facility -
  - Maintaining 6ft between customers -
  - Using every other station -
- Requiring employees and customers to wear face mask or cloth face coverings -- Employee hand washing between customers -
  - Frequent disinfecting of high touch areas -

Thank you for your cooperation and understanding!

For more information, please click here.
Cpl Terry L. Smith Gym Hours of Operation

Open to DoD ID card holders
(Active Duty, Civilians, and Retirees. No guest allowed.)

Only 70 patrons will be allowed inside the facility at a time.

- Availability will be on a first come first served basis. We ask that all workouts do not exceed 1 HOUR.
- Unit training reservations and recreational usage of the facility is prohibited.
- The H.I.T.T. facility will be closed. Group workouts are prohibited.
- Smith Gym Locker Rooms and showers are now OPEN!

Monday - Friday
Open 5:00am - 7:30pm

Saturday - Sunday
Open 8:00am - 2:00pm

Zembiec Pool—Henderson Hall

Hours of Operations Starting Monday, November 8th, 2021

Monday– Friday
6 a.m - 6 p.m

Weekends & Holidays
CLOSED

Check out our facebook page for updates on our upcoming 2021-2022 Indoor Season to include Hours of Operation and Upcoming Programming.
In response to Family pass holder feedback, Arlington National Cemetery will provide Wreaths Across America wreaths to Family pass holders of those interred at ANC and Soldiers’ and Airmen’s Home Cemetery Sunday, Dec. 12. Members of the general public can take part in this year’s National Wreath Day on Saturday, December 18 at ANC and SAAHC.

Event schedule:

Sunday, Dec. 12: Family pass holders only are invited to lay wreaths at their loved ones’ graves from 8 a.m. to 5 p.m. WAA wreaths will only be provided to Family pass holders. There is no registration necessary for Family pass holder day only; however, Family pass holders must present their official ANC Family pass (photocopies are not accepted) to receive a wreath. The cemetery will be open to the general public; however, no wreaths will be given to the general public who do not present a Family pass.

Saturday, Dec. 18: WAA National Wreath Day is open to the general public beginning at 8 a.m. Registration for this year’s event is mandatory. Family pass holders are also welcome this day, but must register as general public. Please visit the WAA registration page at https://learn.wreathsacrossamerica.org/anc2021.

Saturday, Jan. 22: The public is invited to Wreaths Out to assist in removing the wreaths from headstones from 8 a.m. to 5 p.m. at both Arlington National Cemetery and the Soldiers and Airmen’s Home National Cemetery. The general public is welcome to attend; no registration is required.

Arlington National Cemetery is complying with the Department of Defense directives and supplemental “Force Health Protection Guidance for the Novel Coronavirus Outbreak,” and with current Centers for Disease Control and Prevention guidance for this virus.

The health protection of our workforce and our visitors is a top priority, and ANC maintains our commitment to honor the nation’s veterans who rest on these iconic grounds. Masks will be required inside all ANC buildings and are optional outside during the events.

Visit JBM–HH website for the most updated WAA event and visitor information at www.arlington-cemetery.mil
DEERS/RAPIDS ID Card Center

THE HENDERSON HALL ID CARD CENTER WILL BE OPERATED BY APPOINTMENT ONLY.

The Henderson Hall ID Card Center is now located on the 3rd floor of the Marine Corps Exchange. The ID card center has new hours of 0900 to 1700 with the last customer being called in at 1630, by appointment only. In order to maintain appropriate safety measures there will be only two customers allowed in the office at one time.

In order to maintain appropriate safety measures there will only be one ID Card Representative in the office at one time and they will only allow one customer in the office at one time.

All personnel are required to use the following website to book appointments: https://idco.dmdc.osd.mil/idco/locator.

All personnel issued a new CAC will be required to logon to their government workstation used for telework and connect to the MCEN network in order to cache the PKI credential that were loaded to their new ID Card prior to returning to telework. Network access to the support telework through the workstation will not be available until this action is complete.

Please note that if you have swipe access to your work locations such as the Pentagon. The ID Card Center at Henderson Hall cannot load you card with those specific permissions.

Commissary Updates

The commissary has begun early bird services every day. The commissary hours are

- Monday—Friday
  7 a.m. to 7:30 p.m.
  Saturday
  7 a.m. to 6:30 p.m.
  Sunday
  7 a.m. to 6 p.m.

The commissary welcomes CLICK2GO, an online shopping and curbside pickup service you can access from your mobile devices. For full details, visit


For additional information, visit the Commissary official website at

https://www.commissaries.com/shopping/store-locations/fort-
To view all MARADMINS and other publications, please visit www.marines.mil.

For updated information, please visits the websites below

- U.S Marine Corps (COVID-19)
- Coronavirus Disease 2019 (COVID-19)
- What the U.S. Government is Doing
- WHS COVID-19 Guidance
- Center of Disease Control
- U.S Department of Defense

For additional guidance regarding civilians, to include FAQs and policy guidance:

https://www.manpower.usmc.mil/webcenter/portal/MPC40

Additional Office Info & Links

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Scan to view our Command Website