

Headquarters & Service Battalion HQMC, Henderson Hall

Weekly Gouge 9 - 18 November 2018

Informing Marines and Their Families

<http://www.hqmc.marines.mil/Agencies/Headquarters-and-Service-Battalion/>

[Command Philosophy](#)



CO's Corner: All, I would first like to thank all those who made it out for CMC's Birthday run, it was great seeing everyone. Also, we have a few big events happening next week, beginning with Veterans Day holiday on Monday-enjoy your time off, you've earned it. Next, MCCS will be hosting the Annual "Turkey Trot" Friday, November 16, 7:00 am at the Ft. Myer Fitness Center-check-in and registration will be on site starting at 0530, race kicks off at 0700. Lastly, we will finish off the week with our very own H&S Bn Marine Corps Birthday Ball Celebration at the Crystal Gateway Marriott on the 16th-I look forward to seeing and celebrating with everyone. Have a great weekend everyone, and Happy Birthday!

Major Event	Date	Time	Location	Remarks	Additional Info & Links
Boots to Business	13-14 Nov	0830-1600	Bldg 21	Open to all.	Motorcycle Training Shuttle Service: Schedule
Accessing Higher Education Track	13 Nov	0900-1500	Bldg 29, Rm 105	Open to all.	Phone Directory S-1 Admin: MARADMIN Due Dates and more...
EFMP Accessing Community Resources	13 Nov	1100-1300	Bldg 12 Conference Rm	Open to al EFMP families.	(NEW) Consolidated Admin (CONAD): Check-in/out; ID Center
Home Buying & Mortgages	13 Nov	1130-1300	Bldg 29, Rm 100	Call Mr. Jim Murphy at 703-614-6950, to coordinate an individual class tailored to your questions.	Operations: CFT, Rifle /Pistol, PHA information and more... Communications: Restart Computers, Training Opportunities
Marine Mentoring Program	13 Nov	1100-1130 1240-1310 1400-1445	Long Branch Elementary	To register, please contact Mrs. Amy Fishman at Amy.Fishman@usmc-mccs.org	(NEW) Career Planner: Reenlistment Info
Shred It	13 Nov	1300-1400 1400-1500	Navy Mutual Lot Bldg 12 Parking Lot	Open to all.	Distro Management Office: Things to know before moving... S-4 / Logistics
CFT/PFT Monitor Brief	14 Nov	0900-1100	S3 Conference Rm	Open to all.	Unit Readiness Coordinator: Good to know from the FRO
OSD Briefer Trainer Course	14-15 Nov	0800-1500	Bldg 29 Rm 105	Open to all. To register, click here, RSVP by 13 November.	Company Command: HQ & A Co (NEW) B Co , and C Co
Pre-Separations Brief	15 Nov	0930-1100	Bldg 21	Open to all. To register, please call 703-614-6828.	(NEW) Volunteer Opportunities Family Care and Readiness
Recreation Inclusion Opportunities	15 Nov	1100-1200	Bldg 12 Conference Rm	Must register NLT 13 Nov. To register call, 703-693-5353	(NEW) Behavioral Health: Website, EFMP,
Turkey Trot 5k Run	16 Nov	0700-0900	Ft Myer Fitness Center	Open to all. Registration will be onsite from 0530-0630.	(NEW) Personal & Professional Development for Other Career Topics Single Marine Program
Welcome Aboard Brief	16 Nov	0800-1100	Bldg 29 Rm 105	Open to all Marines checking-in to the command.	SAPR Semper Fit (NEW) Miscellaneous Information

ANNOUNCEMENTS:

- [Henderson Hall Veterans Day Thanksgiving Safety Checks](#)
- [Operation Homefront's Holiday Meals for Military](#) has opened their registration for their event. This is different from the USO Holiday event. For more information, click [here](#).
- [ICE! At the Gavlord National featuring A Charlie Brown Christmas](#). Hero Appreciation Days at ICE!
- [Project Management Professional \(PMP\) Training Class](#) will be held 3-7 December, There are 30 seats available for the "Gold Package." Registration is a two step process. Your reservation will be confirmed only after you have registered via Eventbrite and a [SF182](#) is signed by your chain of command and forwarded to HNHL_YRYTRING@USMC.MIL for approval. Sign up [here](#) NLT 1600, 14 Nov. For instructions on how to complete the SF-182, click [here](#).
- [Body Pump Class](#): 5 November, Monday & Friday 1030-1130. First month is Free. This class is open to ALL with base access.
- [ZUMBA Classes](#): 14 November, every Wednesday 1130-1230, at the Smith Gym basketball court. View the Semper Fit tab above for more information.
- [SMP Thanksgiving Dinner in the Barracks](#) : 20 November , dinner will be served at 1800. Sign up [here](#) to bring a dish.