

Chaplains Religious Enrichment Development Operation (CREDO)

Originally established in San Diego in 1971, CREDO provides an assortment of ministries to sea service personnel and their families. The goal of CREDO is to help people grow toward increased functional ability, spiritual maturity, acceptance of responsibility and enhanced readiness. While CREDO does not take the place of professional therapy, many have reaped significant benefits from attending a CREDO retreat.

CREDO is located at ten major installations throughout the world: Norfolk, Naples, San Diego, Mayport, Okinawa, Hawaii, Bremerton, Marine Corps Base Camp Pendleton, Twenty-Nine Palms, and Camp Lejeune. CREDO at Camp Lejeune is a Headquarters Marine Corps funded program, directed by the Chief of Chaplains.

CREDO provides individuals with an opportunity to:

- Develop personal and spiritual growth
- Build self-confidence
- Improve relationships
- Learn to handle anger more constructively
- Resolve personal issues
- Improve communication skills
- Establish new friendships
- Strengthen a marriage
- Relax

CREDO offers several retreats:

Personal Growth Retreat – The cornerstone of CREDO, the PGR (72 hr. weekend) is a unique opportunity to address personal issues and meet new people. Spouses CANNOT attend together. Furthermore, this retreat is strongly recommended for those who wish to attend either the Marriage Enrichment Retreat or the Spiritual Growth Retreat.

Marriage Enrichment Retreat – This (48 hr.) weekend retreat, utilizes the Prepare-Enrich Marriage Inventory as a basis for couples growth.

Spirituality: CREDO II - This (48 hr.) retreat focuses on spiritual formation.

CREDO is open to active duty, retired and reserve Navy, Marine Corps, Coast Guard personnel, DOD civilian employees, as well as family members with appropriate ID Card, 18 years and older.

