

CONCEPT CARD						
<b>COURSE TITLE:</b>	Values-based Leadership				<b>DATE:</b> 2015/06/18	
<b>ANNEX (if applicable):</b>	N/A			<b>ANNEX TITLE (if applicable):</b> N/A		
<b>LESSON:</b>	Tobacco Cessation			<b>LESSON TITLE:</b> Tobacco Cessation		
METHOD(S)	HOURS	S:I RATIO	MEDIA (if applicable):			
Guided Discussion	.25-.75 (.5 target)	6:1 ideal, NTE 24:1	N/A			
<b>TOTAL HOURS:</b>	.25-.75					
<b>TERMINAL LEARNING OBJECTIVE(S) OR LESSON PURPOSE STATEMENT:</b>						
After this guided discussion you will have a better understanding of how to apply the Marine Corps leadership traits to tobacco use and cessation decisions, be able to use the Marine Corps leadership principles when mentoring Marines on tobacco cessation, and understand how tobacco use can damage a military career.						
<b>ENABLING LEARNING OBJECTIVE(S) OR LEARNING OUTCOME(S):</b>						
There are no formal learning objectives for Lesson Purpose classes per NAVMC 1553.1, 4-17.						
<b>AMMUNITION REQUIREMENT(S):</b> <input type="checkbox"/> Extended <input type="checkbox"/> Unexpended						
DODIC	NOMENCLATURE	UNITS PER STUDENT	UNITS FOR SUPPORT	UNITS PER STUDENT	UNITS FOR SUPPORT	UNIT OF ISSUE
<b>NOTES:</b>						
Prior to conducting the lesson, instructors will identify appropriate learning outcomes, which are achievable if all Marines actively participate in the guided discussion. Evaluate the students' comprehension of subject matter based upon their ability to prove understanding of Department of Defense and Marine Corps policies.						
<b>REFERENCES:</b>					<b>REFERENCE #:</b>	
<i>Leaders Resource Guide</i> Memorandum For Chief Of Naval Operations Commandant Of The Marine Corps: Tobacco Cessation in the Department of the Navy [ <a href="http://www.med.navy.mil/sites/nmcphc/Documents/health-promotion-wellness/tobacco-free-living/sec-navy-memo-tobacco-cessation.pdf">http://www.med.navy.mil/sites/nmcphc/Documents/health-promotion-wellness/tobacco-free-living/sec-navy-memo-tobacco-cessation.pdf</a> ] U.S. Office of Personnel Management - Smoking Cessation [ <a href="http://www.opm.gov/policy-data-oversight/worklife/reference-materials/tobacco-cessation-guidance-on-establishing-programs-designed-to-help-employees-stop-using-tobacco/">http://www.opm.gov/policy-data-oversight/worklife/reference-materials/tobacco-cessation-guidance-on-establishing-programs-designed-to-help-employees-stop-using-tobacco/</a> ] Surgeon General's Statement on Electronic Nicotine Delivery Devices [ <a href="http://www.med.navy.mil/sites/nmcphc/Documents/health-promotion-wellness/tobacco-free-living/surgeon-general-statement-electronic-nicotine.pdf">http://www.med.navy.mil/sites/nmcphc/Documents/health-promotion-wellness/tobacco-free-living/surgeon-general-statement-electronic-nicotine.pdf</a> ] Navy Medicine Policy 09-009 Tobacco Use for Navy Medicine Personnel in Uniform [ <a href="http://www.med.navy.mil/sites/nmcphc/Documents/health-promotion-wellness/tobacco-free-living/navmed-09-009-tobacco-use-for-navy-medicine-personnel-in-uniform.pdf">http://www.med.navy.mil/sites/nmcphc/Documents/health-promotion-wellness/tobacco-free-living/navmed-09-009-tobacco-use-for-navy-medicine-personnel-in-uniform.pdf</a> ] Secretary of The Navy Instruction 5100.13_: Navy & Marine Corps Tobacco Policy [ <a href="http://doni.daps.dla.mil/Directives/05000%20General%20Management%20Security%20and%20Safety%20Services/05-100%20Safety%20and%20Occupational%20Health%20Services/5100.13E.pdf">http://doni.daps.dla.mil/Directives/05000%20General%20Management%20Security%20and%20Safety%20Services/05-100%20Safety%20and%20Occupational%20Health%20Services/5100.13E.pdf</a> ] National Development and Research Institutes, Inc. - DoD Policies [ <a href="http://www.ndri.org/ctrs/ibhr/index.html">http://www.ndri.org/ctrs/ibhr/index.html</a> ] American Cancer Society [ <a href="http://www.cancer.org/index">http://www.cancer.org/index</a> ] American Legacy Foundation [ <a href="http://www.legacyforhealth.org/?o=4075">http://www.legacyforhealth.org/?o=4075</a> ] American Lung Association [ <a href="http://www.lung.org/">http://www.lung.org/</a> ] Centers For Disease Control and Prevention Tips [ <a href="http://www.cdc.gov/tobacco/index.htm">http://www.cdc.gov/tobacco/index.htm</a> ] U Can Quit [ <a href="http://www.ucanquit2.org/">http://www.ucanquit2.org/</a> ] Society for Research on Nicotine and Tobacco [ <a href="http://www.srnt.org/">http://www.srnt.org/</a> ] University of Minnesota Tobacco Cessation [ <a href="http://www1.umn.edu/perio/tobacco/didactic.html">http://www1.umn.edu/perio/tobacco/didactic.html</a> ] Navy Medicine Frequently Asked Questions on Electronic Cigarettes [ <a href="http://www.med.navy.mil/sites/nmcphc/Documents/health-promotion-wellness/tobacco-free-living/Frequent_Questions_about_Electronic_Cigarettes_March_2013.pdf">http://www.med.navy.mil/sites/nmcphc/Documents/health-promotion-wellness/tobacco-free-living/Frequent_Questions_about_Electronic_Cigarettes_March_2013.pdf</a> ] World Health Organization's Statement on Electronic Cigarettes [ <a href="http://www.who.int/tobacco/communications/statements/eletronic_cigarettes/en/">http://www.who.int/tobacco/communications/statements/eletronic_cigarettes/en/</a> ]						
<b>FOR OFFICIAL USE ONLY</b>						
Previous Editions are Obsolete						