

# FLTCIP 2.0 Abbreviated Underwriting Application

Valid beginning October 1, 2009



## Important information to consider before you apply for coverage under the Federal Long Term Care Insurance Program

People buy long term care insurance for many reasons. Some don't want to use their own assets to pay for long term care. Some buy insurance to make sure they can choose the type of care they receive. Others don't want their family to have to pay for care and don't want to rely on Medicaid. But long term care insurance can be expensive and is not right for everyone.

Please read below for important information and questions that will help you decide if you should apply for this coverage. You should also read the Outline of Coverage and *A Shopper's Guide to Long-Term Care Insurance*, both of which are found in the Information Kit and online at [www.LTCFEDS.com](http://www.LTCFEDS.com). If you have questions about whether long term care insurance is appropriate for you, please call us at **1-800-582-3337** (TTY 1-800-843-3557).

### 1. Can you afford to pay the premiums for the coverage you're considering?

If you will be paying premiums solely from your own income, a rule of thumb is that you may not be able to afford this coverage if the premiums will be more than 7% of your income. Your premium will be based on the benefit options you select and your age at the time we receive your application. If you need help calculating your premium, please visit [www.LTCFEDS.com](http://www.LTCFEDS.com) or call us at 1-800-582-3337 (TTY 1-800-843-3557).

### 2. Can you afford future changes to your premiums?

Your premiums may increase if:

- ▶ you increase your coverage, either by accepting increases to your benefits under the Future Purchase Option, or by requesting and being approved for an increase in your benefits, and/or
- ▶ you are among a class of enrollees whose premium is determined to be inadequate.

Effective January 2010, John Hancock raised FLTCIP 1.0 rates for enrollees with the Automatic Compound Inflation Option who purchased coverage at age 69 or younger. While there are no current plans to increase premium rates in the future, premiums are not guaranteed to remain at today's rates.

### 3. If you are considering the Future Purchase Option, have you considered if you can afford increased premiums for future increases to your benefits?

If you do not plan to accept future increases, have you considered how you will pay for any long term care that exceeds the amount your insurance will cover?

### 4. Do you qualify for Medicaid, or are you likely to qualify in the near future?

Medicaid may be available for persons with low income (for example, less than \$20,000/individual or \$40,000/couple) and few assets (for example, less than \$30,000/individual or \$50,000/couple, not counting the value of your home). Medicaid covers some long term care services. If you have low income and few assets now, or expect to in the next 10 years, you may want to consider whether long term care insurance is right for you. It is important to remember that Medicaid eligibility requirements vary by state. To learn more about Medicaid, contact your local or state Medicaid agency.



The **Federal** Long Term Care Insurance Program™

The Federal Long Term Care Insurance Program is sponsored by the U.S. Office of Personnel Management, offered by John Hancock Life & Health Insurance Company, Boston, MA 02117, and administered by Long Term Care Partners, LLC

*John Hancock*

# FLTCIP 2.0 Abbreviated Underwriting Application

Valid beginning October 1, 2009

This application is **only** for persons who are **1** in one of the following groups:

- ▶ new or newly eligible current employee
  - ▶ spouse of a new or newly eligible current employee
  - ▶ newly married spouse of an eligible current employee
- 2** and applying **within** 60 days of becoming eligible to apply.

All other eligible individuals **cannot** use this application and must use the Full Underwriting Application.

Each eligible individual wishing to apply for coverage must complete a separate application.

## Part A

### Personal information

**IMPORTANT:** If you received a rate quote and you are the individual named on the address label, remove the label and place it below. If not, please fill out the information below.

Mr.  Mrs.  Ms.

First name M.I. Last name

Address 1

Address 2

City

State/Territory

Country

Zip/Foreign postal code

▲ Affix label here ▲

Gender  Male  Female

Date of birth  /  /   
Month Day Year

Home phone  -  -

Work phone  -  -

Email

Social Security number\*

-  -

Check here if you DO NOT have a Social Security number

\*We use SSNs to obtain health information for underwriting purposes, during the claims process, and to process payroll and annuity/pension deductions.

This application is **only** for the groups shown. Tell us which of these makes **you** an eligible individual and the date you became eligible. (Required: Please check only one.)

**New or newly eligible current employee or current spouse of a new or newly eligible employee**

Employee became eligible on  /  /   
(Date required) Month Day Year

- Federal employee
- U.S. Postal Service employee
- Active member of the uniformed services
- D.C. Courts employee
- Other eligible employee (for complete listing visit [www.LTCFEDS.com/eligibility](http://www.LTCFEDS.com/eligibility))
- Current spouse of a newly eligible employee

**Newly married spouse**

Newly married spouse of an eligible current employee

I married on  /  /  (date required)  
Month Day Year

Note: Spouses who are also eligible current employees can only use this application if they are newly eligible based on their own employment status.

If you are unsure which of these makes you an eligible individual, visit [www.LTCFEDS.com/eligibility](http://www.LTCFEDS.com/eligibility) or call us at the number below.

For assistance, call 1-800-LTC-FEDS (1-800-582-3337) (TTY 1-800-843-3557) or visit [www.LTCFEDS.com/apply](http://www.LTCFEDS.com/apply)

Spouses who are not eligible current employees must also answer questions 8 and 9 in Part B.

1.  YES  NO Do you currently reside in, or has a health professional advised you to enter, a nursing home or any type of assisted living facility?
2.  YES  NO Are you currently receiving home health care services or attending adult day care?
3.  YES  NO Do you currently require or receive human help or supervision with any of these activities?
- ▶ Bathing
  - ▶ Dressing
  - ▶ Eating
  - ▶ Transferring yourself from bed to chair
  - ▶ Toileting (getting to and using the toilet, completing hygiene-related functions after use)
  - ▶ Continence (changing protective undergarment, managing ostomy bag and catheter, completing hygiene-related functions)



If the answer to any of questions 1–3 in Part B is “YES,” you may reapply if your condition resolves (you are able to answer “NO” to questions 1, 2, and 3). You may use an abbreviated underwriting application to reapply if your condition resolves within 6 months after the date you became eligible to apply, and in this instance we will preserve your age as of the date you became eligible to apply. (Indicate by checking below if you are reapplying under this provision.)

- I am reapplying after the end of my 60 day eligibility period (but within 6 months after the date I became eligible to apply). My answer to question 1, 2, and/or 3 in Part B has changed from “YES” to “NO” because my condition resolved.

If more than 6 months have passed since your eligibility date, you will need to submit a full underwriting application to reapply.

If the answer to any of questions 1–3 in Part B is “YES” for a condition that will not resolve within 6 months after the date you became eligible to apply, you are *not* eligible for any of the insurance options under this program. You are eligible for a non-insurance service package providing access to care coordination and a discounted network of long term care providers and services. If you would like to receive information about this package, make sure that Part A and questions 1–3 are complete and mail this application. Do not complete the rest of this application.

If the answer to each of questions 1–3 in Part B is “NO,” please continue with questions 4–7.

4.  YES  NO Do you currently have, or have you ever been diagnosed with, or ever been treated for, any of the following conditions?
- ▶ Alzheimer’s disease, organic brain syndrome, dementia
  - ▶ Amyotrophic lateral sclerosis (ALS or Lou Gehrig’s Disease)
  - ▶ Huntington’s chorea
  - ▶ Multiple sclerosis
  - ▶ Muscular dystrophy
  - ▶ Parkinson’s disease
  - ▶ Schizophrenia
  - ▶ Transient ischemic attack (TIA): multiple
  - ▶ Stroke (cerebrovascular accident): multiple
  - ▶ Stroke (cerebrovascular accident): with residual impairment (such as paralysis, weakness, gait disturbance, vision disturbance, mental impairment)
5.  YES  NO Do you currently use any of the following medical devices, aids, or treatments (for any reason)?
- ▶ Dialysis
  - ▶ Hospital bed
  - ▶ Motorized scooter
  - ▶ Oxygen (excluding CPAP)
  - ▶ Stair lift
  - ▶ Walker
  - ▶ Wheelchair
6.  YES  NO Do you currently require or receive human help or supervision with any of these activities because of mental retardation?
- ▶ Living independently
  - ▶ Making decisions about your money
  - ▶ Taking medications
  - ▶ Preparing meals
  - ▶ Shopping
  - ▶ Using transportation
  - ▶ Walking

7.  YES  NO Have you been diagnosed with any mental or nervous disorder for which you have been hospitalized in the past 2 years or for which you have had 3 or more hospitalizations in the past 10 years?



If the answer to any of questions 4, 6, or 7 in Part B is “YES,” you are *not* eligible for any of the insurance options under this program shown in Part F of this application. You are eligible for an alternative insurance plan or a non-insurance service package providing access to care coordination and a discounted network of long term care providers and services. If you would like to receive information about these options, make sure that Part A and questions 1–7 are complete and mail this application. Do not complete the rest of this application.

If the answer to question 5 in Part B is “YES,” you may reapply if your condition resolves (you are able to answer “NO” to question 5). You may use an abbreviated underwriting application to reapply if your condition resolves within 6 months after the date you became eligible to apply, and in this instance we will preserve your age as of the date you became eligible to apply. (Indicate by checking below if you are reapplying under this provision.)

If the answer to question 5 in Part B is “YES,” you are not eligible for any of the insurance options under this program for a condition that won’t resolve within 6 months. You are eligible for a non-insurance service package providing access to care coordination and a discounted network of long term care providers and services. If you would like to receive information about these options, make sure that Part A and questions 1–7 are complete and mail this application. Do not complete the rest of this application.

I am reapplying after the end of my 60 day eligibility period (but within 6 months after the date I became eligible) because my answer to question 5 in Part B has changed from “YES” to “NO” because my condition resolved.

If more than 6 months have passed since your eligibility date, you will need to submit a full underwriting application to reapply.

If the answer to each of questions 4–7 in Part B is “NO,” please continue with this application. If you are applying as the spouse of an eligible current employee, complete questions 8 and 9 in Part B.

We will review your answers to determine if we can offer coverage. Certain medical conditions, or combinations of conditions, will prevent some people from being approved for coverage.

For spouses only

If you are applying as the spouse of an eligible current employee, please answer questions 8 and 9.

8.  YES  NO Do you currently require or receive human help or supervision with any of these activities?

- ▶ Preparing meals
- ▶ Using transportation
- ▶ Walking
- ▶ Taking medications
- ▶ Shopping
- ▶ Making decisions about your money

9.  YES  NO Do you use crutches and/or a multi-prong cane?

If the answer to questions 8 and/or 9 is “YES,” please explain below. Attach a separate piece of paper if necessary. A registered nurse may call or visit you to get more information on your answers.

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Complete Part C **only** if you are applying for the unlimited benefit period. If you are applying for the 2, 3, or 5 year benefit periods, skip Part C and go to Part D.

Depending on your answers to the questions in Part C, you may receive a call from a registered nurse to conduct a telephone interview or to schedule an in-home interview. We may also request medical information from your health care provider(s).

1.  YES  NO **Do you currently have, or have you ever been diagnosed with, or treated for, any of the following conditions?**
- ▶ AIDS, AIDS-related complex
  - ▶ HIV
  - ▶ Organ transplant (excluding cornea, bone marrow transplant)
  - ▶ Cirrhosis (excluding primary biliary)
  - ▶ Kidney failure
  - ▶ Mental retardation
  - ▶ Paraplegia, quadriplegia



If the answer to question 1 in Part C is “YES,” we cannot offer you the unlimited benefit period. Please skip to Part D and continue.

If the answer to question 1 in Part C is “NO,” please complete questions 2–6. Based on your answers to questions 2–6, we will determine if you are eligible for the unlimited benefit period. If we determine that you are eligible for coverage, but not for the unlimited benefit period, you will receive the 5 year benefit period. At that time, you may change your benefit period to the 2 year or the 3 year option, or call us if you no longer want this insurance.

2.  YES  NO **Do you currently require or receive human help or supervision with any of these activities?**
- ▶ Preparing meals
  - ▶ Using transportation
  - ▶ Walking
  - ▶ Taking medications
  - ▶ Shopping
  - ▶ Making decisions about your money

3.  YES  NO **Do you currently use crutches and/or a multi-prong cane?**

4.  YES  NO **Are you currently receiving disability income such as disability retirement annuity payments, VA disability compensation, workers’ compensation, any federal or state disability payments, or any other type of disability payment?**

5. **Within the last 10 years, have you had, been diagnosed with, or been treated for any of the following conditions?**

- A.  YES  NO Stroke or cerebrovascular accident (CVA), transient ischemic attack (TIA), carotid artery disease
- B.  YES  NO Peripheral vascular disease
- C.  YES  NO Coronary artery disease (such as heart attack, angina), heart arrhythmia, cardiomyopathy, congestive heart failure, aneurysm, valvular disease
- D.  YES  NO Diabetes (excluding gestational diabetes)
- E.  YES  NO Cancer (excluding basal cell cancer or squamous cell cancer of the skin)
- F.  YES  NO Chronic kidney disease (such as nephritis)
- G.  YES  NO Liver disorder (such as hepatitis)
- H.  YES  NO Any psychiatric disorder (such as depression, bipolar disorder)
- I.  YES  NO Disorder of the brain (such as tremor, seizure disorder, head injury, tumor, infection), neuropathy, syncope, paralysis, any chronic or progressive neurological disorder
- J.  YES  NO Chronic lung disease (such as COPD, emphysema, sarcoidosis, chronic bronchitis, asbestosis, asthma [excluding seasonal asthma], bronchiectasis, sleep apnea)
- K.  YES  NO Memory loss
- L.  YES  NO Rheumatoid arthritis, any other type of arthritis, osteoporosis, back disorder, scoliosis, spinal stenosis, disc disease
- M.  YES  NO Connective tissue disorder (such as scleroderma, systemic lupus, CREST syndrome)
- N.  YES  NO Muscle disorder (such as fibromyalgia, polymyalgia rheumatica, chronic fatigue syndrome)

If the answer to any of questions 2–5 in Part C is “YES,” explain below.

If you need additional space, you can attach a separate piece of paper, download a form at [www.LTCFEDS.com/supplement2](http://www.LTCFEDS.com/supplement2), or call **1-800-LTC-FEDS** (1-800-582-3337).

Name, address, and phone number of treating health professional	Question number	Diagnosis or disorder	Date of onset (mm/yy)	Date of last treatment (mm/yy)
_____ Name _____ Address _____ Phone				

**Part C**

**Unlimited benefit period medical questions (continued)**

**6.  YES  NO** Have you taken any prescription medications over the past 6 months?  
 If yes, please complete the chart below.

If you need additional space, you can attach a separate piece of paper, download a form at [www.LTCFEDS.com/supplement2](http://www.LTCFEDS.com/supplement2), or call **1-800-LTC-FEDS** (1-800-582-3337).

Name, address, and phone number of treating health professional	Name of medication Check box if taking currently	Dosage (such as 10 mg)	Frequency (such as 2 x a day)	Reason prescribed
<hr/> Name	<input type="checkbox"/>			
<hr/> Address	<input type="checkbox"/>			
<hr/> Phone				
<hr/> Name	<input type="checkbox"/>			
<hr/> Address	<input type="checkbox"/>			
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## Part D

### Authorization to use and disclose health information

Read and sign below only if the answer to question 8 or 9 in Part B is “YES” and/or if you are applying for the unlimited benefit period and the answer to any of questions 2–6 in Part C is “YES.”

For the purposes of the Federal Long Term Care Insurance Program (including underwriting, claims, and customer service), I authorize any licensed health care practitioner, medical facility, employer, insurance company, or any other entity or person that has any health information about me to give that health information to Long Term Care Partners, LLC, John Hancock Life & Health Insurance Company, their reinsurers, and/or their subcontractors that need to know health information to provide contracted services.

The health information I am permitting to be disclosed and used for the Federal Long Term Care Insurance Program includes any information on my medical history, and the diagnosis, prognosis, and treatment of any physical or mental condition. It includes the disclosure of any medical care or surgery, psychiatric or psychological care or examinations, and information about alcohol or drug use (including any information otherwise protected by Federal Regulations 42 CFR Part 2 or other applicable laws). I understand that this authorization includes my consent to use and disclose medical information that relates to mental illness, HIV, AIDS, HIV-related illness, sexually transmitted diseases, or other serious communicable diseases, but only in accordance with any law or regulation that applies to any such disclosure of this information about me.

I understand that:

- ▶ If I do not sign this authorization, my application for long term care insurance may not be processed and any claim for long term care insurance benefits may be denied.
- ▶ I may revoke this authorization at any time, except to the extent that:
  - ▶ action has already been taken in reliance on it before my revocation, or
  - ▶ Long Term Care Partners or my insurer has a right to contest my long term care insurance claim or coverage.
- ▶ To revoke this authorization I must notify Long Term Care Partners, LLC, P.O. Box 797, Greenland, NH 03840-0797, in writing.
- ▶ If I do revoke this authorization, I understand that my application for long term care insurance may not be processed and any claim for long term care insurance benefits may be denied.
- ▶ If I do not revoke this authorization, it will be valid for 24 months from the date I sign it.
- ▶ My health information may be redisclosed and no longer protected by applicable law, including federal health information privacy regulations. This can occur only if such redisclosure is required or allowed by law (for example, in response to a subpoena).
- ▶ A copy of this authorization is as valid as the original.

Applicant's signature **X** \_\_\_\_\_ Date signed \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
(Required) (Required: mm/dd/yy)



Have you signed and dated the authorization above, if required as noted in the instructions? We cannot process this application without your signature and the date.

## Part E

### Your primary physician information

Please provide the following information only if the answer to question 8 or 9 in Part B is “YES” and/or if you are applying for the unlimited benefit period and the answer to any of questions 2–6 in Part C is “YES.”

Primary physician or health care practitioner's first name Last name

Address

City State/Territory

Country Zip/Foreign postal code

Phone

Phone

Phone

Phone

Phone

Phone

Phone

Phone

Check here if you do not have a primary physician or health care practitioner or if you have *not* seen the person listed above during the last two years.





## Part I

### Protection against an unintended lapse

It is a good idea to designate at least one person living outside of your household to receive notice if your insurance coverage is about to lapse because Long Term Care Partners did not receive your premiums. Note: this person will **not** be responsible for paying your premiums. The person you designate can help find out why you stopped paying premiums. We will not contact this person until 45 days after a premium was due and is unpaid.

**Would you like to name a person in addition to yourself to receive notice if your insurance coverage is about to lapse because we did not receive your premiums? You must indicate Yes or No.**

**Yes, please contact the individual listed below.**  **No, I reject this offer.**

**If "YES," please provide all information requested.**

Mr.  Mrs.  Ms.

\_\_\_\_\_  
First name M.I. Last name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State/Territory

\_\_\_\_\_  
Country

\_\_\_\_\_  
Zip/Foreign postal code

## Part J

### Agreement and acknowledgment

To complete your application you must confirm the following at the bottom of page 12 before submitting your application:

1. That you understand the company's right to increase premiums by checking the box on page 12.
2. That you agree to and acknowledge the terms stated in this application by signing and dating page 12.

I am applying for insurance coverage under the Federal Long Term Care Insurance Program. All of the answers and explanations I've given on this application, including my status as an eligible individual in Part A, are true and complete. I understand that the decision to approve my application will be based on my answers and explanations on this application. If required, my medical records or answers to interview questions will also be considered.

I agree to immediately inform Long Term Care Partners in writing if between the date I sign this application and the date my insurance coverage is effective (1) my health changes in a way that would cause any answer I've given on this application to no longer be correct, or (2) I receive any medical advice or treatment from a physician or other health care practitioner for a condition that would affect an answer to any question on this application. I understand that Long Term Care Partners may use information about such health changes or medical advice or treatment, whether provided by me or otherwise obtained, to reevaluate my application for coverage. I further understand that my coverage will not go into effect as scheduled or will be voided if the information, if known previously, would have caused the carrier not to issue my coverage.

**Active members of the uniformed services:** I understand that if my application is approved, I must be on active duty and physically able to perform the duties of my position at least one day during the calendar week immediately prior to the week which contains my coverage effective date.

**Other eligible current employees:** I understand that if my application is approved, I must be actively at work at least one day during the calendar week immediately before the week which contains my coverage effective date. I must be reporting for work at an approved work location and work at least one half of my regularly scheduled hours for that day and be able to perform all the usual and customary duties of my employment on my regular work schedule.

I understand I have the right to request a copy of this application at any time, but I also understand I will receive one automatically.

*continued*

**Caution:** If you are approved for coverage, but you shouldn't have been because one or more of your answers or explanations are incorrect, untrue, or fail to include all material information requested, we may have the right to deny benefits or void your insurance. This is true even if you did not knowingly misrepresent the facts as shown in your medical records. We may also void your insurance at any time if we find that at the time of application, you misrepresented your status as a member of an eligible group.

**NOTE:** Your signature below also confirms the elections you made in Part F (choose a prepackaged plan or customized plan), Part H (billing options), and Part I (protection against an unintended lapse).

- ▶ If you rejected an Automatic Compound Inflation Option in Part F by choosing the Future Purchase Option, you are confirming that you reviewed the descriptions and graphs of the inflation protection options in the Outline of Coverage. You also understand that if you elect an Automatic Compound Inflation Option, you may switch to the Future Purchase Option at any time, and if you elect the Future Purchase Option, you may switch to an Automatic Compound Inflation Option under certain circumstances.
- ▶ If you elected automatic bank withdrawal in Part H, you are authorizing your bank to charge your account for such withdrawals, payable to Long Term Care Partners. This authorization will remain in effect until you, your bank, or Long Term Care Partners terminates it by a thirty (30) day written notice to the others. You will not receive any bills or other notices of the withdrawals from Long Term Care Partners. You agree that if the automatic bank withdrawal is not honored by your bank, for whatever reason, Long Term Care Partners will have no liability for the payments.
- ▶ If you elected payroll or annuity/pension deduction from your own pay or annuity/pension in Part H, you are authorizing Long Term Care Partners to deduct from your pay or annuity/pension the amount necessary to pay the premiums for the Federal Long Term Care Insurance Program coverage issued to you. If you elect payroll deduction, then we reserve the right to deduct from your annuity/pension or direct bill you the amount necessary to pay the premiums upon your retirement. You can cancel your payroll or annuity/pension deduction by contacting Long Term Care Partners to choose a different billing option.
- ▶ If you did not name someone in Part I to receive a notice if your coverage is about to lapse, you are confirming that you understand that such notices do not obligate such person in any way and are not sent until 45 days after your premium was due but unpaid. You also understand that you may identify a person (and/or name a different person) to receive notice of pending lapse at any time in the future.



**The company's right to increase premiums:** Premiums are not guaranteed. I understand that my premium will not change because I get older or my health changes or for any other reason related solely to me. Premiums may only increase if I am among a group of enrollees whose premium is determined to be inadequate. I understand that while the group policy is in effect, OPM must approve the change.

**Note:** You must check the above box to confirm that you have read and understand the paragraph above titled "The company's right to increase premiums." We cannot process your application if you do not check the box.

Applicant's signature **X** \_\_\_\_\_ Date signed \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
(Required) (Required: mm/dd/yy)



Have you signed and dated the agreement and acknowledgment above? Have you read the statement about the company's right to increase premiums, and did you check the box? You must complete these items before we can process this application.

**Mail to:** Long Term Care Partners, P.O. Box 797, Greenland, NH 03840-0797

or

**Fax to:** 1-866-921-4510