Captain Thomas K. Dioguardi was born in Seoul, Republic of Korea. Following his graduation from the University of South Florida in May 2011, Captain Dioguardi was commission on 24 September 2011, reporting to The Basic School in November 2012.

Captain Dioguardi graduated The Basic Officer Course in May 2013, and reported to Infantry Officers Course (IOC) in July 2013, class 4-13, graduating September 2013. Following graduation from IOC, Captain Dioguardi checked in at the Division G-2, 2d Marine Division. During that period of time, Captain Dioguardi split on the job training between the Division G-2 and 6th Marine Regiment S-2.

Captain Dioguardi reported to Ground Intelligence Officer Course (GIOC) in January 2014, class 14-1, and graduated in May 2014. Additionally, while attending GIOC, Captain Dioguardi attended and graduated from the Scout Sniper Unit Leaders Course in March 2014.

Captain Dioguardi reported to 3rd Battalion, 6th Marine Regiment in May 2014, as the Battalion Assistant Intelligence Officer from May 2014 until August 2015. During this time as S-2A, Captain Dioguardi deployed ISO Battalion Landing Team (BLT) V36 on the 24th Marine Expeditionary Unit aboard LPD-21 USS NEW YORK.

In July 2015 Captain Dioguardi transferred to V36 Weapons Company and assumed command of the Battalion's Scout Sniper Platoon.

Captain Dioguardi conducted a PCA to 1st Battalion, 10th Marine Regiment in June 2016, and assumed the role of Battalion Intelligence Officer. While aboard 1/10, Captain Dioguardi attended the Intelligence and Tactics Instructor Course through the Marine Corps Tactics and Operations Group (MCTOG) in October 2016.

Following the MAGTF Intelligence Officer's Course, Captain Dioguardi reported to Marine Cryptologic Support Battalion. He assumed command of Headquarters and Service Company in March 2019.