



Headquarters & Service Battalion HQMC, Henderson Hall

Weekly Gouge 8 - 17 Dec 2017

Gateway to Informing Marines and Their Families

<http://www.hqmc.marines.mil/Agencies/Headquarters-and-Service-Battalion/>



CO's Corner

Command Philosophy

As the holidays approach, we should all look forward to celebrating with friends and family. That said, it remains important that each of us remembers, at the heart of that peace and joy is not only a well thought out holiday plan, but also the mindset allowing us to remember that which is truly important during this time of year. We should all take the time to talk with those we care about, be conscious of our limits, enjoy the time off, relax, recharge, and seek support if we need it. Lastly, we will be talking about managing Holiday Stress at the 15 December Safety Stand Down and the [resources available](#), look forward to seeing you there.

SgtMaj's Corner

This is the season to celebrate the holidays and to remember our fallen brothers and sisters. As such, we are looking for volunteers to support Wreaths Across America. I would love for you to join me in this effort. Additionally, Semper Fit will be hosting the annual Reindeer Relay at the pool. Get your teams together to compete! Please keep in mind that SSgt Fitness Reports will close out at the end of December. This is part of taking care of our Marines. Lastly, I would ask that you take care of one another during this Christmas season...you are our most valuable asset.

Major Event	Date	Time	Location	Audience / Remarks
HITT Room Turf Installation	11-15 Dec	Closed	Smith Gym	Classes restart 19 Dec, 0630-0730 & 1100-1200
Senior Leadership TRS	11-15 Dec	0800-1600	Bldg 21, HH	Details (website)
Welcome Aboard Brief	12 Dec	0800-1200	Rm 105, Bldg 29, HH	All new joins since 14 Nov
CFT/PFT Monitor Brief	13 Dec	0900-1000	Rm 104, Bldg 29, HH	Current and potential CPTRs/monitors
Annual Training (SAPR, EO/Sexual Harassment, Risk Management)	14 Dec	0900-1200	Joe Rosenthal Theater	All available untrained personnel
Reindeer Relay	15 Dec	0600-0900	Zembiec Pool	Registration
CFT	15 Dec	0800	Next to JBM-HH Softball Field	Coordinating Instructions
Holiday Safety Stand Down	15 Dec	0800-1130	Joe Rosenthal Theater	Details forthcoming
Wreaths Across America	16 Dec	0815-1200	Arlington National Cemetery	Meet at Old Post Chapel; Open to everyone
CFT	20 Dec	1300	Next to JBM-HH Softball Field	Coordinating Instructions
CFT - Last Bn monitored CFT	21 Dec	1300	Next to JBM-HH Softball Field	Coordinating Instructions
NMCRS 2018 Step Up to the Plate Gala	17 Mar	1800-2200	Nationals Park, Washington DC	RSVP & Pay by 23 Feb Details

H&S Bn Command Directory

Executive Officer (XO): [Motorcycle Program \(Applies to leaders & riders\)](#)

S-1 / Battalion Administration: [MARADMIN Due Dates and more...](#)

Consolidated Administration (CONAD): [Check-in Information](#)

(NEW) S-3 / Operations: [CFT, Rifle / Pistol, PHA information and more...](#)

S-4 / Logistics: [Barracks Info](#)

S-6 / Communications:

(NEW) Reserves (IMA): [Reserve CFT info](#)

Chaplain: [CREDO Event Schedule](#)

Career Planner: [Time to re-enlist?](#)

Distribution Management Office: [Things to know before moving...](#)

Family Readiness Officer: [Good to know from the FRO](#)

[H&S Bn Phone Directory](#)

Marine Corps Community Services

(NEW) [Family Care and Readiness](#)

(NEW) [Behavioral Health](#)

(NEW) [Personal & Professional Development](#)

(NEW) [Single Marine Program](#)

(NEW) [Semper Fit](#): Gym Holiday Hours

[SAPR](#): Check out [Monthly Snapshot!](#)

NOTES: CHECK THE MCCS PAGES ON THE RIGHT FOR HOLIDAY HOURS

- Look for the as of date **8 Dec**, which is the date of the Gouge, to ensure you have the updated version. If you don't, press "F5" or refresh the page or adjust your browser settings to "**check for newer versions of stored pages every time I visit the webpage**" in order to receive the updated file. To save you time, we also added "**(NEW)**" to the right if information changed this week.
- HERO days at ICE at Gaylord Resort at National Harbor. [50% discount](#) on tickets. **11 Dec ast day**.
- Only three Bn monitored CFTs remaining. **No Bn monitored CFTs after 21 Dec**. Ensure you have a current PHA.
- MCCS [Holiday Hours](#), 12 working days of Christmas [specials](#). Check out our upcoming [MCX Sales Events](#) and [Java Café Specials](#). MCCS is hiring; see [positions available](#).
- Like/follow us on Facebook, Instagram, and Twitter; latest updates and other information posted there.
- Ongoing activities: [Indoor play morning \(Thursdays 1000-1130 JBM-HH Memorial Chapel\)](#)